



# Halal Guide<sup>®</sup>

G.P.O. Box 3906, Sydney, NSW 2001

Tel +61 2 9232 6731 – Fax + 61 2 9223 8596 – Email: info@halalhelpline.org

Quality  
ISO 9001

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<p><b><u>AIRLINE CATERING</u></b> All airlines are able to supply Halal meals on request throughout Australia and on international flights leaving Australia.</p> <p><b><u>ANIMAL FAT</u></b> ALBA INDUSTRIES Tallow</p> <p><b><u>BABY BISCUITS</u></b> HEINZ Bilingual Teething Rusks Kids Cheesymite Breadsticks Plain Teething Rusks Vegetable Teething Rusks Toddler Cheese Breadsticks</p> <p>RAFERTY'S GARDEN Banana Milk Rusks</p> <p><b><u>BABY CEREALS</u></b> BONKERS Step 1 Baby Rice Plain Oat Porridge Step 2 Apple &amp; Rice Banana &amp; Oats Porridge Sweet Potato &amp; Carrot Step 3 Super 5 Grain Muesli</p> <p>BOOTS Farex Blended infant cereal Farex biscuits with apple juice</p> <p>HEINZ High Protein Cereal Mixed Cereal Rice Cereal</p> <p><b><u>BABY CUSTARDS</u></b> HEINZ Banana Custard Chocolate Custard Egg Custard Fruit Custard</p> <p><b><u>BABY FORMULAS</u></b> ALL BRANDS MAXIGENES Gold Follow-On Formula Gold Starter Infant Formula Gold Toddler Milk Drink</p> <p><b><u>BABY FOODS</u></b> BONKERS Step 2 Beef with Golden Vegetables Chicken with Chickpeas &amp; Lentil Tabouhli Sweet Potato, Pumpkin &amp; Corn Lamb with Sweet Potato &amp; Carrot Persian Chicken Sweet Potato, Pumpkin &amp; Spinach Step 3 Beef Ragout Chickpea &amp; Vegetable Casserole</p>	<p>Lamb Dinner Lentils &amp; Vegetables Pasta &amp; Vegetables</p> <p><b><u>BABY FRUITS</u></b> HEINZ Apples Apricot &amp; Rice Fruit Salad Peach &amp; Apple Peaches Pears Tropical Fruit</p> <p><b><u>BABYGELS</u></b> HEINZ Apple Gel Apple &amp; Blackcurrant Gel Cherry Gel Fruit Salad Gel Kiwi Fruit Gel Orange Gel Rosehip Gel Tropical Fruit Gel</p> <p><b><u>BABY JUICES</u></b> DELROSA Blackcurrant &amp; Rosehip Juice Orange &amp; Rosehip Juice</p> <p>GERBER Blackcurrant Juice Grape Juice Orange Juice Tropical Fruit Juice</p> <p>HEINZ ABC apple &amp; blackcurrant Juice concentrate Apple Juice Apple &amp; Blackcurrant Juice Apple &amp; Rosehip Juice Orange Juice Peach &amp; Apple Juice Pineapple Juice Tropical Fruit Juice</p> <p><b><u>BABY LOTIONS</u></b> BY MY SIDE Baby Body Lotion SPF 15 Baby Cornstarch Powder Baby Nappy Lotion Goat's Milk Baby Wash Organic Baby Bath Wash Organic Baby Body Moisturiser Organic Baby Cream Organic Baby Massage Oil Organic Baby Shampoo</p> <p><b><u>BABY PAIN KILLERS</u></b> ALL BRANDS</p> <p><b><u>BABY PUREES</u></b> BONKERS Step 1 Apple Apple &amp; Banana Puree</p>	<p>Apple, Blueberry &amp; Raspberry Apple, Sweet Potato &amp; Carrot Puree Banana Sweet Potato &amp; Pear Pear &amp; Peach Step 2 Apple &amp; Mango Apple, Peach &amp; Banana Pear &amp; Apricot Step 3 Apple, Peach &amp; Apricot</p> <p><b><u>BABY VEGETABLES</u></b> HEINZ Mixed Vegetables</p> <p><b><u>BABY YOGHURT DESSERTS</u></b> HEINZ Apple Yoghurt Dessert Apricot Yoghurt Dessert Banana Yoghurt Dessert Fruit Salad Yoghurt Dessert Orange Yoghurt Dessert Peach Yoghurt Dessert Pineapple Yoghurt Dessert</p> <p><b><u>BAKING POWDERS</u></b> All Brands</p> <p><b><u>BATTER MIX TECHNIQUES</u></b> Crispy Batter Mix</p> <p><b><u>BISCUITS - SAVOURY</u></b> Also see CRACKERS, CRISPBREADS, RICE CRISPS</p> <p><b><u>BISCUITS - SWEET</u></b> BOFFINS BAKERY Anzac Butter Pecan Choc Chip Shortbread Jam Swirl Macadamia Shortbread Shortbread Triple Choc</p> <p>BYRON BAY COOKIE Apple &amp; Sultana Butterscotch &amp; Almond Shortbread Choc Caramel Choc Chip Choc Dotty Choc Orange Cranberry &amp; Pistachio Shortbread Dark Choc Cherry Dark Choc Chunk &amp; Ginger Dark Choc Chunk &amp; Macadamia Nut Dark Choc Cranberry Dark Choc Orange Dotty Fig &amp; Pecan Fig &amp; Pecan Reduced Fat Lemon Macadamia Nut Milk Choc Chunk Muesli Munch Fruit &amp; Nut</p>	<p>Natural Honey &amp; Oatmeal Orange &amp; Ginger Spiced Apple &amp; Sultana Spicy Fruit Sticky Fruit Sticky Date &amp; Ginger Traditional Shortbread Triple Chocolate Fudge White Choc &amp; Apricot Nougat White Choc Cherry White Choc Chunk &amp; Macadamia Nut</p> <p>EMU BOTTOM HOMESTEAD Anzac Biscuits with Wattle Seed Anzac Biscuits with Lemon Aspen Butter Shortbread Macadamia</p> <p>FINE FARE Choc Mint Dark Wheats Milk Wheats</p> <p>FRESHNESS FINE FOOD Caramel Macadamia Chocolate Chip Double Chocolate Sour Cherry &amp; Almond Sticky Date &amp; Toffee</p> <p>KEZ'S KITCHEN Almond Bread Almond Bread Gluten &amp; Dairy Free Almond Toffee Anzac Butterscotch Portion Chocolate Chip Bites Chocolate Chip Portion &amp; Chocolate Chip Choc Moments (Chocolate &amp; Vanilla) Cranberry Biscotti Gluten &amp; Dairy Free Double Choc Eclair GF Cereal GF Cereal with Fruit Florentines Jam Daisy Macadamia &amp; Honey Melting Moments (Coffee, Lemon, Orange Crush, Passionfruit) Melting Moments Gluten &amp; Dairy Free Moorish Muesli Olive Oil, Rosemary &amp; Linseed Bread Passionfruit Shortbread Short Bread Portion Triple Chocolate Chip Tropical Paradise Vienna Eclair Vienna Eclair Gluten Free Vienna Kiss White Choc Eclair</p> <p>KOALA Almond Shortbread Choc Chip &amp; Macadamia Choc Chip Shortbread Choc Chunk Shortbread Honeyflake &amp; Sultana Shortbread</p>
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<p>Macadamia Shortbread MANNA FROM HEAVEN Candied Orange Biscuit Pistachio &amp; Almond Shortbread READY BAKE Butter Shortbread PATON'S MACADAMIA Shortbread REAL TURKISH DELIGHT Biscuits RICH PRODUCTS Cookies SPECIALITY CEREALS Biscuit Pieces TUCKERS NATURAL Caramelised Onion Coriander &amp; Cracked Black Pepper Dessert Chocolate Dessert Coffee Dessert Vanilla Four Cheese &amp; Chive Oatmeal Poppy Seed Rosemary &amp; Rock Salt</p> <p><b>BLEACHES</b> All Brands</p> <p><b>BREAD</b> SEE GARLIC BREAD Organic bread from health food shops, Greek Pita, Turkish Pide, Lebanese bread, and hot bread shops are acceptable. ALL BRANDS</p> <p><b>BREAD - FLAT</b> MANNA FROM HEAVEN Za'atar Flat bread MISSION FOODS 5 Grain Tortilla Chapati Chapati Garlic Corn Flour Hi Fibre Lebanese Bread Plain Lebanese Bread Wholemeal Low Fat Mediterranean Multigrain Naan Plain Naan Garlic &amp; Herbs Naan Bread Yoghurt &amp; Mint Pita Plain Pita Wholemeal Pocket Pita Roti Souvlaki Bread Spinach Tortilla Tomato Tortilla Wheat &amp; Corn Tortilla White Corn Tortilla Zesty Garlic Herb RICH PRODUCTS</p>	<p>Lavash ROSITAS Corn Tortilla Fresh Flour Tortilla Frozen Flour Tortilla Garlic Flour Tortilla Plain Flour Tortilla Potato Flour Tortilla Tostadas Vegetarian Fresh Flour Tortilla SEDA White Lebanese Bread White Pocket Bread Wholemeal Lebanese Bread Wholemeal Pocket Bread TRUE FOODS Atta Flour Chapati Certified Organic Wrap Chia Wrap Chia &amp; Linseed Wrap Cinnamon Fruit Muesli Dipping Bread Traditional Dipping Bread Varieties Flour &amp; Flavoured Roti Wrap Flour Tortilla Garlic Naan Gluten Free Wrap Gluten Free Roti Wrap Lite White Wrap Low Carb Roti Wrap Malted Barley Muesli Multi Grain Roti Wrap Naan &amp; Chapati Bread Varieties Spinach Flour Tortilla Tomato Flour Tortilla Traditional Naan Traditional Roti Wrap Vanilla Berry Muesli Wholegrain Wrap</p> <p><b>BREAD - SWEET</b> BUTTERCUP Fruit &amp; Spicy FRESHNESS FINE FOOD BANANA BREAD: Apple Walnut Blueberry Mango Coconut Pear Raspberry Traditional Banana KEZ'S KITCHEN Almond Bread Almond Bread Gluten &amp; Dairy Free Almond Toffee Double Choc Eclair Vienna Eclair Vienna Eclair Gluten Free Vienna Kiss White Choc Eclair LARDER &amp; CO Prune and Walnut Log LAURENT BAKERIES Apple Cake Slice Apricot Blueberry Cake Baked Apple Charlotte Beignets Cherry Pistachio Cheese Cake New York Cheese cake Raspberry Caramel Chocolate Slab Cake Chocolate Ganache Slice Chocolate Mud Cake Chocolate Souffle Pudding Crème Anglaise Fig Mousse Gateau Chocolate Raspberry Hazelnut Raspberry Savarin Lemon Meringue Pie Lemon Tart</p> <p><b>BREADCRUMBS</b> ALL BRANDS SEDA Golden White (Coarse, Fine, Medium, Superfine)</p> <p><b>BUTCHERS</b></p>	<p>A list of Halal butchers is available for all states</p> <p><b>BUTTER</b> ALL BRANDS Salted Unsalted BERTOLLI Classico Spread Extra Virgin Spread Light Spread BONLAC Garlic Butter GHEE DEVONDALE Dairy soft MURRAY GOULBURN Dairy Soft Extra Soft NORCO Butter Unsalted</p> <p><b>BUTTERMILK</b> All BRANDS</p> <p><b>CAKES</b> See also PASTRY, DESSERTS, BREAD – SWEET</p> <p>FRESHNESS FINE FOOD BANANA BREAD: Apple Walnut Blueberry Mango Coconut Pear Raspberry Traditional Banana KEZ'S KITCHEN Almond Bread Almond Bread Gluten &amp; Dairy Free Almond Toffee Double Choc Eclair Vienna Eclair Vienna Eclair Gluten Free Vienna Kiss White Choc Eclair LARDER &amp; CO Prune and Walnut Log LAURENT BAKERIES Apple Cake Slice Apricot Blueberry Cake Baked Apple Charlotte Beignets Cherry Pistachio Cheese Cake New York Cheese cake Raspberry Caramel Chocolate Slab Cake Chocolate Ganache Slice Chocolate Mud Cake Chocolate Souffle Pudding Crème Anglaise Fig Mousse Gateau Chocolate Raspberry Hazelnut Raspberry Savarin Lemon Meringue Pie Lemon Tart</p>	<p>Orange Cake Pain au Chocolat Mini 30g Pain au Chocolat Standard 60g Passionfruit Cheesecake Pavlova Fruit Petit Four Beignets Cherry Pistachio Petit Four Fruit Tartlet Petit Four Hazelnut Slice Strawberry Chibouste Mousse PASTILLA NASH Fruit &amp; Nut Cake Prune and Walnut Log Sugar Plum &amp; Hazelnut REAL TURKISH DELIGHT Baklava Chocolate Cake Cakes Turkish Delight RICH PRODUCTS Cakes Cheesecakes Gateaux STUHLER'S PATISSERIE Cakes Desserts Gateaux Tortes</p> <p><b>CATERING</b> See also Airline Catering SMORGASBORD PRODUCTS Chicken Pieces Cooked Shrimps Cutlery Packing Pizza Vegetarian Pizza with Chicken Prepared Fruit Prepared Vegetables Salad Vegetarian Salad with Cheese Salad with Seafood Salads with Chicken Smoked Salmon</p> <p><b>CEREALS - BREAKFAST</b> PRO VITA Bran Lecithin Meal Wheat Hearts SANITARIUM Bran &amp; Sultanas Cornflakes Dick Smiths Bush Foods Breakfast Fibre Life Bran Flakes Granola Granola Clusters Berry Delicious Granola Clusters Blueberry &amp; Apple Honey Puffs Honey Weets Light N Tasty Apricot Light 'N' Tasty Triple Berry Lite Bix Neutral Muesli – Fruit &amp; 5 Grains Oats &amp; Barley Bites Puffed Wheat Ricies</p>
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San Bran Toasted Muesli Golden Oats & Fruit Weet Bix Weet Bix Apricot Weet Bix Crunchy Honey Bites Weet Bix Hi-Bran Weet Bix Multi Grain Bites Weet Bix Multi Grain Weet Bix Oat Bran Weet Bix Wildberry Bites Weeties <b>SPECIALITY CERALS</b> 5 Grain Cluster Crumble Bran Flakes Cereal Pieces Chocolate Cluster Crumble Cocoa Bubbles Cookie & Cream Cluster Crumble Hazelnut Chocolate Cluster Crumble Vanilla Cluster Crumble <b>UNCLE TOBYS</b> Crunchy Oat Bran Crunchy Oat Bran Plus Oat Bran Flakes Crunchy Oat Bran With Fruit Crunchy Oat Flakes Instant Porridge Oat Bran Oats Oats High Fibre One Minute Oats Rice Crispies Vita Brits Weeties Weeties With Fruit & Nuts <b>NATIONAL FOODS</b> B-Fast Breakfast Cereal  <b><u>CEREALS &amp; GRAINS</u></b> All Brands <b>SANITARIUM</b> Rolled Oats Oat Bran Unprocessed Bran  <b><u>CEREAL SNACKS</u></b> <b>SANITARIUM</b> My Shapz Berry Burst My Shapz Mango Pasion <b>SPECIALITY CERALS</b> Rice confectionery Rice Crispies Special Rice  <b><u>CHEESE</u></b> ALDI see EMPORIUM AUSTRALIAN GOLD Fetta Cheese - Cow BEGA NATURAL CHEESE Bar-B-Cubes Cream Cheese Extra Tasty Mild Mozzarella Mozzarella Shred	Pizza Cheese Block So Light So Light Shred So Light Tasty Slices So Light Vintage So Light Vintage Slices So Light Tasty Grated Natural Cheese Fingers Strong & Bitey Strong & Bitey Slices Tasty Tasty Grated Tasty Shred Tasty Slices Heritage Natural Vintage <b>BEGA PROCESSED CHEDDAR</b> 97% Fat Free Burger Slice Cracked Pepper Slice Coloured Burger Slices PCC Can Processed Block Sandwich Slices Slices Plus Calcium Slices Plus Omega 3 So Light Slices Super Slices Super Slim Thick'n Tasty Slices <b>BONLAC</b> Cheddar Cream Cheese Pecorino Parmesan Mozzarella Mozzarella Type Cheese Ricotta Rindless Cheddar Cheese <b>BODELLA</b> <b>BRANCOURT</b> Bocconcini Cottage Cheese Fetta Haloumi Ricotta <b>BULLA</b> Cottage Cheese Cottage Cheese Onion & Chive Cottage Cheese Tomato Relish <b>CATERS SPECIAL</b> <b>CAVANBA</b> All types of cheese <b>CHEF'S CHOICE</b> Cheddar Block Natural Tasty Slices Burger Slices Caterers Slice IWS <b>COTTAGE CHEESE FARM</b> IWS Bocconcini Fetta Goat's Ricotta Haloumi Mozzarella Pecorino	Provolone Ricotta <b>COSMO</b> Fetta Cheese - Cow <b>DAIRY FARMERS</b> Cottage Cheese Chives & Onions Gherkins Low Fat Reduced Salt Pineapple Plain <b>DEL RE</b> Black jack Cheddar Blackjack Mature Cheddar Black Jack Monterey High Melt Black Jack Red Cheddar Black Jack Vintage Cheddar Hidden Valley tasty Hidden Valley Vintage <b>DUNOON</b> All types of cheese <b>ELCO GOURMET</b> Fetta Cheese - Cow Fetta Cheese - Goat <b>EMPORIUM (ALDI)</b> Fetta Cheese - Cow Fetta Cheese Goat Marinated Fetta Cheese - Marinated Fetta Cheese with Garlic Fetta Cheese with Pesto Fetta Cheese with Tomato <b>FAST FREEZE</b> Frozen Cream Cheese <b>FLORIDIA CHEESE</b> Mozzarella Pecorino Ricotta <b>GALAXY</b> Fetta Cheese - Cow <b>GRAND CHOICE</b> <b>HABERFIELDS DAIRY</b> Australian Rindless Swiss Mild cheddar Pizza Cheese Reduced Fat Cheddar Ricotta Tasty Cheddar Tasty Green Waxed Vintage Cheddar Vintage Black Waxed Aussie Swiss Coloured Cheddar Emmental Golden Brie Gruyere Mungabareena Raclette Suisse Vale Tilsit <b>HILLWOOD CHEESES</b> Fetta Cheese - Goat <b>JINDI CHEESE</b> Brie Camembert Chilli Brie Chives & Garlic Brie	Deluxe Matured Wax Old Telegraph Rd Brie Old Telegraph Fire Engine Red Old Telegraph Rd Heritage Old Telegraph Rd Jumbunna Old Telegraph Rd Sapphire Old Telegraph Rd Triple Cream Reserve Reserve Brie Reserve Cambembert Reserve Triple Cream Rustic Brie Top Paddock Jumbunna Traditional Triple Cream Washed Rind Cheese <b>KING ISLAND DAIRIES</b> Cape Wickham Double Brie Clover Creak Brie Admiralty Blue Bass Strait Blue Crème de la Creame Endeavour Blue Lighthouse Blue Roaring Forties' Blue Stokes Point Stormy Washed Rind Surprise Bay Surprise bay Black label Camembert Cream Pure Crème Fraiche Pizza Cheese South Cape Brie Cheese Brie Cheese Peppered <b>LACTOS</b> Cradle Valley Longlife Cradle Valley Onion Cradle Valley Pepper Cradle Valley Prawn Cradle Valley Salmon Cream Cheese Domaine Deep Blue Domaine Red Square Domaine Sunrise Domaine White Diamond Flag Pack Heritage Camembert Heritage Brie Heritage True Blue Lactos Edam Lactos Gouda Neufchatel (Plain) Neufchatel Chocolate Neufchatel Strawberry Rindless Swiss St Claire Swiss <b>MAINLAND</b> Fetta Cheese - Cow Fetta Cheese Crumbled <b>MAINLAND SPECIAL RESERVE</b> Fetta Cheese - Cow Fetta Cheese - Goat Fetta Cheese Crumbled Fetta Cheese with Garlic Fetta Cheese with Pesto
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<p><b>MAMMA LUCIA</b> Bocconcini Caciocavallo Chilli Pecorino Fetta Fior di Latte Haloumi Mascarpone Milk Cherries Mozzarella Ovoline Parmesan Parmesan Grated Pecorino Pecorino Fresh Pecorino Grated Pecorino Pepato Ricotta Ricotta Smooth Stracchino Trece</p> <p><b>MAINLAND</b> Tasty</p> <p><b>NATIONAL FOODS</b> Fetta Cheese – Cow Fetta Cheese - Goat Fetta Cheese - Marinated Fetta Cheese with Garlic Fetta Cheese with Herb &amp; Pepper Fetta Cheese with Olive Fetta Cheese with Pesto Fetta Cheese with Tomato Fetta Cheese Crumbed</p> <p><b>NORCO</b> All types of cheese</p> <p><b>PERFECT ITALIANO</b> Light Mozzarella Regular Mozzarella</p> <p><b>PUGLIA</b> Bocconcini Caciocavallo Chilli Pecorino Fetta Fior di Latte Haloumi Mascarpone Milk Cherries Mozzarella Ovoline Parmesan Parmesan Grated Pecorino Pecorino Fresh Pecorino Grated Pecorino Pepato Ricotta Ricotta Smooth Stracchino Trece</p> <p><b>TABLE CAPE</b></p> <p><b>WEIGHT WATCHERS</b> Cottage Cheese With Low Fat Dressing</p> <p><b>KRAFT</b> All cheese except Fromais</p> <p><b>QUEENSCO UNITY</b></p>	<p>All Cheese products <b>RICHMOND</b> All types of cheese <b>SOUTHCAPE</b> Fetta Cheese – Cow Fetta Cheese - Goat Fetta Cheese Crumbed Fetta Cheese with Garlic Fetta Cheese with Olive Fetta Cheese with Pesto Fetta Cheese with Tomato <b>UNCLE NICKS</b> Hi-Melt Cheese Premium Mozzarella Mozzarella Parmesan Tasty</p> <p><b>CHEESE CAKE FILLING</b></p> <p><b>NATIONAL FOODS</b> Pour N Chill</p> <p><b>CHEWING GUMS</b> <b>WRIGLEY'S</b> <b>EXTRA</b> Blueberry Freedent Peppermint Spearmint Strawberry Tropical White</p> <p><b>EXTRA FOR KIDS</b> Berry</p> <p><b>HUBBA BABBA</b> Strawberry</p> <p><b>JUICY FRUIT</b> Citronic Strappleberry</p> <p><b>PK</b> Blue Mint</p> <p><b>CHICKEN-FRESH</b> Buy from your trusted butcher.</p> <p><b>ADELAIDE POULTRY</b> <b>BAIADA POULTRY</b> <b>BARTTER ENTERPRISES</b> <b>STEGGLES (not in QLD)</b> <b>NERANG POULTRY</b></p> <p><b>CHICKEN-FROZEN</b> See CHICKEN-FRESH</p> <p><b>CHICKEN-PREPARED</b> Buy from your trusted butcher.</p> <p><b>CHIPS-POTATO</b> See crisps - potato</p> <p><b>CHIPS - CORN</b> See also crisps – potato</p> <p><b>CARMEN</b> Corn Chips</p> <p><b>HOLE SUM</b></p>	<p>Cheese Chilli Original <b>JUST ORGANIC</b> Cheese Low Salt <b>LITE'N EASY</b> Corn Chips <b>MEXICANA</b> Cheese Chilli Salsa <b>PACIFIC FOOD</b> Corn Chips <b>ROSITAS</b> Barbeque Cheese Chilli &amp; Lime Corn Basket Crushed Chips Salsa Salted Unsalted Salted White Corn Chip Taco</p> <p><b>THOMAS CHIPMAN</b> Ancient Grains Blue Cheese Lightly Salted White with Wild Rice</p> <p><b>WHOLE KIDS ORGANIC CORN CHIPS</b> Original Sea Salt</p> <p><b>YOU'LL LOVE COLES</b> Original</p> <p><b>CHOCOLATE CONFECTIONS</b> <b>CADBURY (NO longer certified)</b> <b>MARS</b> “M&amp;M’s” Crispy “M&amp;M’s” Milk Chocolate “M&amp;M’s” Minis Chocolate “M&amp;M’s” Peanut Milk Chocolate <b>ALMONDITES</b> <b>BOUNTY Bar (all varieties)</b> <b>DOVE Caramel</b> <b>DOVE Milk Chocolate</b> <b>DOVE Peppermint</b> <b>M &amp; M’s (all varieties)</b> <b>MALTESERS (all varieties)</b> <b>MARS Almond</b> <b>MARS Bar</b> <b>MARS Caramel</b> <b>MARS Miniatures</b> <b>MARS Original</b> <b>MARS Dark</b> <b>MARS Red</b> <b>MARS Triple Choc</b> <b>MARS Vanilla Choc</b> <b>MILKY WAY (All Varieties)</b> <b>PODS Cherrybites</b> <b>PODS Honeycomb Bites</b> <b>PODS Mars</b> <b>PODS Mint</b></p>	<p><b>PODS Snickers</b> <b>PODS Twix</b> <b>SKITTLES</b> <b>SKITTLES Littles</b> <b>SNICKERS (all varieties)</b> <b>TWIX Bar</b></p> <p><b>PATON'S MACADAMIA</b> Almond Milk Chocolate Fruit &amp; Nut Milk Chocolate Hazelnut Milk Chocolate Koala Shape Milk Chocolate Licorice Milk Chocolate Macadamia Coffee Crunch Milk Choc Macadamia Dark Chocolate Macadamia Chilli Roast Dark Choc Macadamia Honey Roast Milk Choc Macadamia Mint Crunch Chocolate Macadamia Orange Milk Chocolate Macadamia Orange Crunch Dark Choc Macadamia Royals Dark Choc Macadamia Royals Milk Choc Macadamia Royals White Choc Milk over White Choc Royals Peanut Milk Chocolate Petites Milk Petites White Pralines Raisins Milk Chocolate Scorched Toffee Milk Chocolate Scorched Toffee White Chocolate Strawberry Crunch White Chocolate</p> <p><b>REAL TURKISH DELIGHT</b> Hand Made Chocolates Turkish Delight</p> <p><b>NESTLE</b> Aero Bar Aero Peppermint Aero White Peppermint Crisp S.O.S Smarties</p> <p><b>SELECT HARVEST</b> Hazelnut Praline</p> <p><b>SWEET WILLIAM (dairy free)</b> Bunny Bunny Strip Cane Sugar Free Choc Spread Compound No Added Sugar Compound Original Compound White No Added Sugar No Added Sugar-Tangerine Original Rice Crackle Roasted Almond Tangerine</p> <p><b>VITALITY</b> Low Sugar Milk Choc – Almond Chip Sugar Free Dark Choc – Caramel Crisp Sugar Free Dark Choc – Mint Crisp Sugar Free Dark Choc – Rich Dark</p>
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<p>Sugar Free Milk Choc – Creamy Milk</p> <p><b>CHOCOLATE - DRINKING</b> See DRINKS MIXES</p> <p><b>CLEANERS - FRYPAN</b> Hi-Speed Cookware Cleaner</p> <p><b>CLEANERS - OVEN</b> Down To Earth Oven Cleaner Hi-Speed Cookware Cleaner Hi-Speed Non-Caustic Oven Cleaner Hi-Speed Oven Cleaner Mr Muscle Oven Cleaner Oven Brite</p> <p><b>CLEANERS - SILVER</b> GODDARDS All Products</p> <p><b>CLEANERS - SURFACE</b> AJAX All Products Bon Ami Ezi-Clean Handy Andy Pink Handy Andy White Herbon Multi-Surface Spray Cleaner Jex Without Soap Jif Mr Muscle All Purposes Mr Sheen Pure Multi-Surface Cleaner Vim</p> <p><b>COCONUT - DESSICATED</b> All Brands</p> <p><b>COFFEE SUBSTITUTES</b> ALTERNATIVES Alto CARO All Varieties HEALTH FOODS SUPPLIERS Perform Taxico SANITARIUM Caffex TAXICO Dandelion</p> <p><b>COFFEE WHITENERS</b> NESTLE Coffeemate</p> <p><b>COFFEES GROUND</b> All Brands FAGGS Brazilian Fiesta Italian Style Mocha Kenya Style Royal Espresso LIQUID COFFEE Liquor Volatiles THE HOUSE OF ROBERT TIMMS</p>	<p>Cafe Crema Beans Cappuccino Beans Decaf Promo Decaffeinated Espresso Nero Beans Europa Italian Espresso Europa Italian Espresso Gold Colombian Style Italian Espresso Style Mocha Kenya Molto Gourmet Granulated Picco Espresso Grande Blend Picco Espresso Ricco Royal Espresso Beans Royal Special</p> <p><b>COFFEE INSTANT</b> All Brands BLACK &amp; GOLD Granulated Instant BUSHELLS Classic Gourmet Espresso Granulated Greek Style Pulverised Instant Powder Red Label Instant Sweetened Coffee &amp; Chicory Essence Turkish Style Pulverised</p> <p>CAFE BAR Freeze Dried Granulated Premium</p> <p>COLES \$SMART BUY Powder</p> <p>MASTER BLEND Decaffeinated Freeze Dried Mild RFA Freeze Dried RFA Granulated Robusta (all types) Strong</p> <p>THE HOUSE OF ROBERT TIMMS Earth blends Freeze Dried Earth Blends Granulated Earth Blends Medium Premium Decaffeinated Freeze Dried Premium Espresso Extra Dark Roasted Granulated Premium Full Bodied Granulated Premium Gold Ground Premium Rich &amp; Smooth Freeze Dried</p> <p><b>COLOURINGS - FOOD</b> AEROPLANE Blue Egg yellow Green Orange Red</p>	<p>Rose Pink Violet CURRY MASTERS Chinese Red Green Saffron Tandoori</p> <p><b>CONFECTIONER</b> CANDY LANE Barley Sugar Grannies Original Buttered Candy Oldtime Butterscotch</p> <p>DOUBLE D Eucalyptus Eucalyptus &amp; Honey</p> <p>PATON'S MACADAMIA Raspberry Jellies Toffee &amp; Sesame Macadamia</p> <p>SELECT HARVEST Hazelnut Nougat</p> <p>SNOW CONFECTIONERY Chocolate Eclairs Coffee Eclairs Grannies Butterscotch Grannies Original Buttered Candy Hazelnut Eclairs Licorice Eclairs Peppermint Eclairs</p> <p>TAYYIBAT Marshmallows</p> <p><b>CONSERVES</b> BUDERIM Ginger Marmalades</p> <p>COTTEES All Conserves</p> <p>COUNTRY HARVEST Fruit Spreads</p> <p>FARMLAND All Conserves</p> <p>MAGGIE BEER Cabernet Paste Fig Paste Plum Paste Quince Paste Spiced Pear Paste</p> <p>MONBULK All Conserves</p> <p>QUALITY FOODS Fruit Spreads</p> <p>WEIGHT WATCHERS Low Joules Jams/Marmalades</p> <p>YATES Apricot Jam Blackberry Jam Plum Jam Raspberry Jam Strawberry Jam Orange Marmalade</p> <p><b>COSMETICS</b> Products from the following companies are acceptable and available from some health food stores:</p>	<p>A Fragrant Affair Ahimsa Anastasia Aloe Vital Andre Duvani Aquarius Auroma Australian Melaluca Australian Wildflower Incense &amp; Perfumes Avory Shlain Barry M Beauty Without Cruelty Cosmetics Big Bubble Biokosma Blackmores Body Essentials By Natalie Body Shop Range Bosistos Eucalyptus Crest Rub Bosistos Parrot Brad Eucalyptus Oil Brigs Herbal Cream Brot Bodyline Caring Cenovis Skin Care Range Classics Clover Fields Comvita Completely Natural Cosmetics Creightons Cruacel Natural Cosmetics Dallyence Cosmetics De Lorenzo Natural Hair Cosmetics Desert Essence Dial Dragon Wisdom Dr Bronner's Catile Liquid &amp; Bar Soap Dr Hauschka Skin Products Ecol Products Els Cosmetics Elsha Lander Products Emeis Evanol Hair Dyes Ever Bilena Cosmetics Everyday Rainwater Soft Shampoos &amp; Conditioners Evoke Euky Bearub Floris Of London Toiletries Fragrant Delights Geisha Cosmetics Genetix Goanna Salve Ointment Golden Wattle Grace Cosmetics Greenridge Botanicals Healthways Holdings (Nz) Helen Helms Natural Skin Care Herbon Products Hoffels Hytonsa Iguana Rubbing Lotion In Essence Products KMS Professional Haircare Products L'arome</p>
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<p>Le Crystal Natural Deodorant Luminance Meltone Products Montagne Jeunesse Monastique Products Moritz (Nature's Sunshine) Mudgee Honey Co Natalie Natural Oil Workers Co-Op Naturals Nature's Earth Massager &amp; Essential Oils Nature's Fruit Nature's Herbe Nutrimetics Nature Spirit Om Products Organics Passion Incense Paul Penders Cosmetics Pricilla Clarke Natural Skin Care Puren Rainbow Herbe &amp; Flower Remedies Rambildeene Farm Recherche Farm (Qld Only) Red Earth Rivendell Farm Rose Of Lillies Rosewood Oils &amp; Lotions Sandy's Natural Herbal Products Sancium Pure Body Products Sharyss Products Sensual Delights Products Shahnaz- Herbal Soma Sani Sonning Wildflower Beeswax Cream Spiritual Sky/Bare Nature Sun Art Aromatic Oils Sunspirit Swami Sarasvati Tao Aromassage Oils Tasmanian Soap &amp; Toiletries The Body Shop The Clay Company The First Aust. Organic Oil The Oil Garden Thursday Plantation Products Tiki Products Tinderbox Products T L'arbe TLC Toms Tri-Natural Tri-Nature Tru-Alo Trully Natural Wattle Creek Herbal Products Weleda West Stuff Lubricant Wildcraft</p> <p><b>CRACKERS</b> PIRANHA All Double Shot Vegetable All Vegetable Crackers</p>	<p>TIXANA All Multigrain Waves &amp; Vege Crackers All Vegetable Crackers TUCKERS NATURAL Caramelised Onion Coriander &amp; Cracked Black Pepper Dessert Chocolate Dessert Coffee Dessert Vanilla Four Cheese &amp; Chive Oatmeal Poppy Seed Rosemary &amp; Rock Salt</p> <p><b>CREAM-FROZEN</b> BONLAC BURRA FAST FREEZE Frozen Cream Frozen Cream Blends NORCO</p> <p><b>CREAM - PLAIN</b> BRANCOURT Pasteurised BULLA Cooking Cream Country Style Extra Thick Cream Creme Fraiche Cup Thick Cream Imitation Cream Dream Whip Cream CATERER'S CHOICE Thickened Cream CHEESECAKE SHOP Thickened Cream DAIRY FARMERS Plain Cream HABERFIELDS Pure Cream Rich Cream Sour Cream HARVEY FRESH Long Life Half Cream Whipped Cream KING ISLAND All Types MURRAY GOULBURN Double Cream NATIONAL FOODS Cream Pure Rich Thickened Cream NESTLE Plain Cream Reduced Cream PASEURISED CREAM UHT Lactose Free Full Cream PAULS Dollop Thickened Cream ESL Thickened Light Cream Farm Pure PAULS WEIS PETERS</p>	<p>Plain Cream UNITED DAIRIES Cream Plain Plain Thickened Cream Thick Cream</p> <p><b>CREAMS - SOUR</b> CATERER'S CHOICE Sour Cream COLES Sour Cream DAIRY FARMERS Sour Cream Sour Lite Cream FRANKLINS Sour Cream HABERFIELDS DAIRY Sour Cream JALNA Leben Sour Cream Reduced Fat MURRAY GOULBURN Sour Light Cream NATIONAL FOODS Light Sour Cream Light Thickened Cream Sour Cream Ultralight Sour Cream NORCO Sour Cream Sour Light Cream Thickened Cream PAULS Extra Light Thickened Cream Light Thickened Cream Sour Cream Sour Light Cream PETERS Sour Cream UNITED DAIRIES Light Sour Cream Sour Cream WOOLWORTHS Sour Cream</p> <p><b>CRISPBREADS</b> FALWASSER Caraway Seed Natural Onion Pepper &amp; Chives Poppyseed Rye Flour Sesame Seed KURRAJONG KITCHENS Lavosh</p> <p><b>CRISPS - POTATO</b> KETTLE Sea Salt Chips HOLE SUM Cheese Chilli Original NATURES EARTH</p>	<p>Beetroot Crisps Mixed Vegetable Crisps Natural Corn Chips Salted Corn Chip Sweet Potato Crisps NOSH Salted Deli Style Chips PIRANHA All Double Shot Vegetable All Vegetable Crackers SAMBOY Barbeque Chips Salt &amp; Vinegar Chips Tomato Sauce Chips SMITH'S Barbeque Flavoured Chilli Country Kettle Chips Classic Old Style Slow Cooked Country Kettle Chips Extra Lites Lightly Salted Thin Sliced Chips French Fries Crunchy Straws Less Oil Lightly Salted Crinkle Cut Lites Lightly Salted Thin Sliced Lites Salted &amp; Vinegar Flavoured Original Crinkle Cut Traditional Salt &amp; Vinegar THE REAL McCOY Burgerman Cheesters Cheese Rings Jumpy's BBQ Supreme Jumpy's Hot Dog Jumpy's Salt &amp; Vinegar Chips Original Potato Chips Popcorn Butter Flavoured Popcorn Nacho Cheese Flavour Popcorn Salted Salt &amp; Vinegar Potato Chips Salted Chips Smokey BBQ Chips THOMAS CHIPMAN Beetroot Chips Cracked Pepper Lightly Salted Mixed Root Chips Parsnip Chips Rosemary &amp; thyme Sweet Potato TIXANA All Multigrain Waves &amp; Vege Crackers All Vegetable Crackers All Soy Crisps VEGE CHIPS BBQ French Onion Herb &amp; Garlic Lime &amp; Chilli Natural Salt &amp; Vinegar Sweet &amp; Sour Tasty Cheese WAI LANA YOGA CHIPS BBQ French Onion Herb &amp; Garlic</p>
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<p>Lime &amp; Chilli Natural Rosemary Garlic Salt &amp; Malt Vinegar Sweet &amp; Sour Sweet Chilli &amp; Lime Sweet Cream &amp; Chives Swiss Cheese</p> <p><b>YOU'LL LOVE COLES</b> Organic Original Organic Cracked Pepper</p> <p><b><u>CUSTARD POWDER</u></b> See BABY CUSTARDS BINGO Custard Powder FOSTER CLARKS Custard Powder KING Custard Powder SAVINGS Custard Powder UNCLE TOBY'S Custard Powder</p> <p><b><u>CUSTARD PREPARED</u></b> See BABY CUSTARDS DAIRY FARMERS Dairy Custard Vanilla Longlife UHT Vanilla HABERFIELDS Dairy Custard MURRAY GOULBURN Longlife Custard Longlife Dairy Custard</p> <p><b><u>DESSERT</u></b> AURORA FOODS Baccio EXQUISINE Lemon Cheesecake Tiramisu Traditional Chocolate Mousse LARDER &amp; CO Prune and Walnut Log LAURENT BAKERIES Apple Cake Slice Apricot Blueberry Cake Baked Apple Charlotte Beignets Cherry Pistachio Blueberry Muffins Blueberry Cinnamon Muffin Brioche Mini 30g Brioche Sugar Cheese Cake New York Cheese cake Raspberry Caramel Chocolate Slab Cake Chocolate Ganache Slice Chocolate Mud Cake Chocolate Souffle Pudding Crème Anglaise Fig Mousse Gateau Chocolate Raspberry Hazelnut Raspberry Savarin Lemon Meringue Pie</p>	<p>Lemon Tart Orange Cake Pain au Chocolat Mini 30g Pain au Chocolat Standard 60g Passionfruit Cheesecake Pavlova Fruit Petit Four Beignets Cherry Pistachio Petit Four Fruit Tartlet Petit Four Hazelnut Slice Strawberry Chiboust Mousse</p> <p>PASTILLA NASH Fruit &amp; Nut Cake Prune and Walnut Log Sugar Plum &amp; Hazelnut</p> <p>POPPA BROWNS PIE Apple Pie Apple &amp; Blueberry Pie</p> <p>STUHLER'S PATISSERIE Cakes Desserts Gateaux Tortes</p> <p>VILLAGE KITCHEN Apple Cinnamon &amp; Custard Apple &amp; Rhubarb Crumble &amp; Custard Apple Slice &amp; Custard Apricot Slice &amp; Custard Apricot Whip Baked Egg Custard (No skin) Baked Rice Berry &amp; Apple Sponge &amp; Custard Bread &amp; Butter Pudding &amp; Custard Bread &amp; Butter Pud &amp; Caramel Caramel Mousse Caramel Panacotta Custard Choc Chip &amp; Orange Slice Chocolate Bavarian Cheesecake Chocolate Mousse &amp; Pear Slices Chocolate Mousse &amp; Choc Dots Chocolate Pudding &amp; Custard Cinnamon Rice Coffee Mousse Creamed Cinnamon Rice Cream Rice &amp; Jam Sauce Cream Rice &amp; Peach Slice Cream Rice &amp; Pineapple Sauce Crème Caramel Custard Custard &amp; Fruit Date Pudding &amp; Custard French Vanilla Mousse &amp; Choc Sauce Frozen Chocolate Mousse Frozen Strawberry Mousse Fruit &amp; Custard Fruit Salad Whip Fruit Trifle Hi Energy Raspberry Jelly Jellied Fruit Jellied Two Fruit &amp; Custard Lemon Cheese Cake Lemon Cheesecake Lemon Sago Lemon Mousse &amp; Lemon Sauce</p>	<p>Low Sugar Peach Crumble &amp; Custard Mango Mousse &amp; Passionfruit Sauce No Bake Custard &amp; Nutmeg Passion Fruit Panacotta Peach &amp; Pear Crumble &amp; Custard Peach Cake &amp; Custard Peach Crumble &amp; Custard Peach Whip Raspberry Milk Jelly Whip Standard &amp; Low Sugar Custard Standard Jelly (Lemon/Lime/Raspberry) Sticky Date Pudding &amp; Custard Strawberry Cheese Cake &amp; Berry Sauce Strawberry Cheesecake Strawberry Cherry Mousse Strawberry Mousse &amp; Strawberry Sauce Wildberry Mousse &amp; Berry Sauce</p> <p><b><u>DETERGENTS - DISHWASHING</u></b> HAND: Add Concentrate Caring Dishwashing Liquid Down To Earth Dishwashing Liquid Fab Liquid Kit Liquid Kwit Lux Liquid Palmolive Gold Palmolive Liquid Palmolive Lemon &amp; Lime Puren Dishwashing Liquid Scotts Bio Detergent Scotts Concentrate Sunliquid Swerl Trix U-Mix Concentrate</p> <p>MACHINE: Care +8 Castle Powder Castle Rines Dishlex Rinse Finish Lemon Powder Finish Liquid Finish Liquid Lemon Finish Powder Finish Rinse Harbon Automatic Dish Washing Powder Puren Automatic Dishwashing Powder Puren Rinse Aid</p> <p><b><u>DETERGENT - LAUNDRY</u></b> ALL BRANDS</p> <p><b><u>DIPS</u></b> AVANTE PREMIUM DIPS Chilli Crab Crab with Corn &amp; Spring Onion</p>	<p>Green olives &amp; Semi Dried Toms Smoked Barramundi with Dill</p> <p>COPPERPOT Avocado Baba Ghanoush Beetroot Cheese &amp; Olives Corn Relish French Onion Guacamole Hommus Roasted Capsicum Sundried Tomato Taramasalata Tzatziki</p> <p>CHUNKY DIPS Basil, Cashew &amp; Parmesan Guacamole Chunkie Hommus with Kalamata Red Pepper, Cashew &amp; Pamesan Spinach, Fetta &amp; Cashew Sun Dried Tomato, Cashew &amp; Parmesan</p> <p>DOUBLE DIP RANGE Cheese &amp; Chives/S/Salmon Smoked Salmon, Lemon/ Spring Onion</p> <p>LAYERED DIPS Chilli Crab &amp; Spring Onion Chunky Basil with Cream Cheese Chucky Sundried Tomato with Cream Cheese Guacamole &amp; salsa Spicy Salsa with Cream Cheese</p> <p>MINI SNACKS Cheese &amp; Chives Hommus Tzatziki</p> <p><b><u>DISINFECTANTS</u></b> All Brands</p> <p><b><u>DRINK MIXES</u></b> BRISTOL-MYERS Sustagen Gold COTTEES Quench Lemon Saline Lemon Tang Orange HORLICKS Malted Food Drink KIWI BRANDS Akta-Vite MEAD JOHNSON Sustagen Sport Chocolate Sustagen Sport Vanilla SUNRIPE Drink Crystals SUPERIOR Cocoa WANDER Chocolate Time Extra Ovaltine</p> <p><b><u>DRINKS - CARBONATED</u></b></p>
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All brands of carbonated plain and flavoured drinks including Grape Juices are acceptable. Drinks described as alcohol free do contain small amounts of alcohol and therefore unacceptable.

### DRINKS - CORDIALS

All flavours from all brands

### DRINKS - SOFT

See Drinks - Carbonated

### DRINKS - SOY

#### BERRI

Soypreme Natural  
Soypreme Vanilla

#### JALNA

All Flavours

#### SANITARIUM

So Good  
So Good Chocolate  
So Good Essential  
So Good Fat Free  
So Good Honeycomb  
So Good Lite  
So Good Plus  
So Good Soyaccino  
So Good Strawberry  
So Good Vanilla  
So Good Smoothie Banana  
So good Smoothie Mango

#### SUNGOLD

Soy Drink

#### UNIGREEN

Soy Drink

### DRINKS - SYRUP

#### CASCADE

Blackcurrant Syrup  
Low Joule Blackcurrant

#### DELROSA

Blackcurrant & Rosehip Syrup With Sugar  
Orange & Rosehip Syrup With Sugar

#### DONCASTER

Blackcurrant Syrup  
Loganberry Syrup  
Morello Cherry Syrup  
Raspberry Syrup

#### RIBENA

Blackcurrant Syrup

### EGGS - FRESH

All Brands

#### COUNTRY RANGE

Organic

#### PACE

Fresh

### EGGS - FROZEN

GOLDEN EGG FARMS  
PACE FARM

### EGGS - PULP

GOLDEN EGG FARMS  
PACE FARM

### ENERGY BARS

#### FUTURE BAKE

Almond & Apricot  
Almond & Nut Cocktail  
Assorted Nut Bars  
Date & Walnut Delight  
Macadamia & Apricot  
Sesame & Pepita  
Yoghurt Coated Almond & Apricot  
Yoghurt Coated Fruit & Pecan

### ESSENCES

#### AEROPLANE

Almond  
Banana  
Caramel  
Chocolate  
Coconut  
Deluxe Imitation Vanilla  
Imitation Vanilla  
Lemon  
Orange  
Parisienne  
Passionfruit  
Peppermint  
Pineapple  
Pure Vanilla  
Raspberry  
Strawberry

#### MC LINTOCK

Almond  
Coconut  
Peppermint  
Vanilla Essence.Imitation

### ESSENTIAL OIL

#### ESSENTIAL OIL

Blackcurrant Bud Absolute French  
Blackcurrant Bud Tasmanian  
Boronia Australian  
Boronia Tasmanian  
Fennel  
Lavender  
Peppermint  
Parsley Herb  
Parsley Seed  
Tasmanian Lanceolata (Native Pepper)

### FISH - FRESH

All fresh water and sea creatures

### FISH - FROZEN

All plain fillets and whole fish are acceptable, breaded, battered and fish with sauce are not always acceptable.

#### EDGEELL-BIRDSEYE

Bubble'N' Squeak  
Crumbed Natural Shaped Fish Fillets  
Crunchy Potato Fish Fillets

Deep Sea Dory Crumbed Fish Fillets  
Fish & Lemon Burger  
Fish Burger  
Fish Cakes  
Fish Fingers  
Halal Fish Fingers  
Herb & Garlic Fish Fillets  
Junior Crumbed Fish Fillets  
Lemon Crumbed Fish Fillets  
Lightly Battered Fish Fillets  
Original Crumbed Fish Fillets  
Original Crumbed Fish Fillets Value Pack  
Tangy Salt & Vinegar Fish Fillets

#### FARMLAND

Fish Fingers

#### HOME BRAND

Battered Fish Portions  
Crumbed Fish Portions

#### SEALORD

Calamari in a Crisp Golden Crumb  
Deep Sea Dory Fillets in a Lemon Pepper Crumb  
Deep Sea Dory Fillets in a Light Crispy Crumb  
Deep Sea Dory Fillets in a Tasty Cheddar Crumb  
Hoki Fillets in Tempura Butter  
Hoki Fillets in Tasty Bread Crumb

### FISH - SMOKED

#### AQUATAS

All products

#### TASSAL

All Products

### FISH - TINNED

All brands in brine or vegetable oils are acceptable.

### FLOUR

#### ALL BRANDS:

Arrowroot  
Buckwheat  
Carob  
Cornflour  
Gluten  
Gluten Free  
Maize  
Pea  
Plain  
Potato  
Rice  
Self-Raising  
Soy  
Wholemeal

### FLAVOURING

#### MASSEL

Bouillon Cubes  
Bouillon Powders

#### VEGETA

Beef Stock Powder  
Chicken Stock Powder  
Gourmet Stock Powder

Seafood Stock Powder  
Vegetable Stock Powder

### FRUIT - FRESH

All varieties.

### FRUIT - DRIED

All varieties from:

ANCHOR  
ANGUS  
ARNOTTS  
BUDERIM GINGER  
ETA  
DESSERT MAID (except Brandy Prune)  
FARMLAND  
MACQUARIE FOODS  
NATYURA  
SANATARIUM  
SUNBEAM  
SUNNY BOY

### FRUIT - FROZEN

All varieties

### FRUIT - GLACE

#### BIG SISTER

Glace Amberi Cherries  
Glace Clear Cherries  
Glace Green Cherries  
Glace Red Cherries

#### BUDERIM

Glace Ginger

#### ROBERN

#### SUNNYBOY

#### TOORAVALE

Apples  
Apricots  
Grapefruit  
Figs  
Kiwifruit  
Lemon  
Nectarines  
Orange  
Orange Peel  
Peaches  
Pineapple  
Quinces

#### TOM PIPER

#### Dried Bakers Peel

#### Glace Cherries

#### Glace Cherries Multicoloured

#### Mixed Peel

#### WINN

Cooking Ginger  
Crystallised Ginger  
Glace Cherries  
Glace Ginger  
Golden Ginger  
Mixed Peel

### FRUIT JUICE CONCENTRATES

All brands

### FRUIT JUICE DRINKS

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<p>All brands</p> <p><b>FRUIT JUICE</b> See also Juice All brands of: Pure Fruit Juices 100% Fruit Juices Fresh Squeezed Juices Fruit Juice Drinks</p> <p><b>FRUIT - TINNED</b> ARDMONA All Fruits COTTEES Fruit Snacks Apple Apple Peach Apple Pineapple Fruit Salad Pear GOLDEN CIRCLE All Fruits Apple And Cinamon Puree Apple Puree Pear Puree Fruit Puree MOUNTAIN MAID All Fruits ORCHARD Mango Pulp Passionfruit Pulp SPC IWS VILLAGE KITCHEN Mango Pulp Apple Apple &amp; Peach Apple &amp; Pear Apple &amp; Apricot Apple &amp; Rhubarb Apple &amp; Prune Tropical Mango</p> <p>WEIGHT WATCHERS All Fruits</p> <p><b>GARLIC BREAD</b> AGB INTERNATIONAL COLES SAVINGS COSTCO WOOLWORTHS HOME BRAND ALDI EAGLE BOYS PIZZA HUT DOMINOS SIZZLER</p> <p><b>GARLIC BUTTER BLEND</b> COPPERPOT Garlic Butter Blend</p> <p><b>GELATINE</b> See BABY GEL &amp; JELLY</p>	<p>LEINER DAVIS HALAL GELATINE &amp; JUST HALAL- HALAL GELATINE Only from Christchurch, New Zealand with the Halal logo of NZIMM on the pack. Products listed here and containing Gelatine are approved. Other products containing gelatine even if marked “Halal” are not approved. Use Agar, Vegetable, gums or Isinglass.</p> <p><b>GELATO &amp; SORBETS</b> See ICE CREAMS AURORA FOODS Baccio Banana Chocolate Coffee Hazelnut Lemon Mango Pistachio Rainbow Strawberry Tartufo Vanilla Bean</p> <p>SERENDIPITY Apple &amp; Rose Blood Orange Cafe Latte Chocolate Coconut &amp; Kaffir Lime Cranberry &amp; Lime Dark Cherry Green Apple Guava Kiwifruit Lemon Lime Lychee Mandarin Mango Passionfruit Pineapple Raspberry Ruby Grapefruit Strawberry Wild Berry</p> <p><b>GRANITA</b> BEVWIZZ Berry Bubble Gum Cafe Cappuccino Caramel Chai Latte Chocolate Cino Coconut (PC) Creme Bulle Dulce de Leche Extra Energy Freezealatte Hokey Pokey Latte</p>	<p>Lemon Lemon Lime Lychee Magic Ice Mango Melon Mixed Berry Mocha Passionfruit Peach Pineapple Raspberry Strawberry Tropical Vanilla Chai Vanilla Powder Watermelon White Chocolate White Grapefruit White Peach</p> <p><b>GRAVIES</b> MASSEL Gravies</p> <p><b>HEALTH BARS</b> VITALITY Antiox Bar – Acai Antiox Bar – Goji Antiox Bar – Pomegranate</p> <p><b>HERBS &amp; SPICES</b> All BRANDS Allspice Pimento Whole Allspice Pimento Ground Anise Whole Anise Ground Anised Star Basil Sweet Bay Leaves Bouquet Garni Caraway Seeds Cardamom Pods Cardamom Powder Cardamom Seeds Cayenne Pepper Celery Salt Celery Seeds Chilli Crushed Chilli Powder Chilli Whole Chives Chopped Cinnamon Ground Cinnamon Whole Coriander Powder Coriander Seeds Curry Powder Madras Dill Seeds Fennel Seeds Fennel Powder Fenugreek Seeds Fenugreek Powder Five Spice Powder Garam Masala Garlic Flakes</p>	<p>Garlic Mince Garlic Powder Orach Salt Ginger Powder Juniper Berries Mace Ground Marjoram Mint Mixed Herbs Mixed Spice Monosodium Glutamate (M.S.G.) Mustard Powder Nutmeg Ground Nutmeg Whole Onion Flakes Onion Powder Onion Salt Oregano Paprika hot Paprika Sweet Parsley Flakes Pepper Black Corns Pepper Black Cracked Pepper Black Powder Pepper White Corns Pepper White Powder Pepper Corns Green Pickling Spice Poppy Seeds Rosemary Saffron Powder Saffron Strands Sage Seasoned Salt Sesame Seed Tarragon Thyme Turmeric Powder Vanilla Sugar</p> <p>MASSELL Herbs &amp; Spices</p> <p>MASTER FOODS All purpose Seasoning “B” Flavoured Chips Bay Leaves Black Peppercorns Cracked Basil Leaves Sweet Cajun Seasoning Cayenne Pepper Celery Salt Chicken Salt Chicken Seasoning Chilli Flakes Chilli Ground Chinese 5 Spice Chopped Chives Cinnamon Ground Coriander Leaves Fries Sprinkles Garlic Granules Garlic Herb Seasoning Garlic Powder Garlic Salt Seasoning Ground Cinnamon Ground Coriander Ground Nutmeg</p>
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Ground Paprika	G F Mixed Spice (SS)	Tandoori Spice Mix	Single Cones
Ground Pepper Black	Galangal	Tapioca	SCANDANAVIAN CONE COMPANY
Ground Pepper White	Ginger	Tarragon	Waffle Cones
Ground Turmeric	Grape	Thai Spice Mix	THE SUPERCONE COMPANY
Italian Herbs	Herb Mix Italian	Timmy's Mix	Sundae Wafers
Lemon Pepper Seasoning	Herb Pizza	Thyme	Super Cones
Meat Tenderizer	Horseradish	Tomato	Super Top Ice Cream Cones
Mexican Chilli Powder	Juniper Berries	Tomato Carrot Red Bell Blend	Super Wafer Cups
Mixed Herbs	Leek	Tomato & Mixed Herb blend	The Natural Cocoa Cone
Mixed Spice	Lemon Grass	Tomato Salsa Mix	The Natural Ice Cream Cup Cone
Moroccan Seasoning	Lemon Pepper	Turmeric	The Natural ice Cream Cone
Onion Flakes	Lime	TVP	The Natural Square Cup Cone
Parsley Flakes	Linseed	Xanthan Gum	The Natural Waffle Cone
Pepper Steak Seasoning	Locus Bean Gum		
Piri Piri Seasoning	Mace	<b>HONEY</b>	<b>ICE CREAMS</b>
Pizza Topper	Mandarin	All BRANDS	BEVWIZZ
Roast Chicken Seasoning	Marjoram	BLUEHILLS HONEY	Ice Cream Base
Roast Lamb Seasoning	Melange	Blackberry	Yoghurt
Rosemary Leaves	Mint	Leatherwood	BI LO
Sesame Seeds	Mixed Herbs	Meadow	Water Ice
Spaghetti Bolognese Blend	Mixed Spice	Tasmanian Eucalyptus	BLACK & GOLD
Steak Seasoning	Mushroom	Tasmanian Manuka	All flavours in VIC & NSW
Thyme Leaves	Mustard	Tasmanian Prickly Box	Chocolate Base Mix
Tuscan Seasoning	Nigella Seed	Tasmanian Tea Tree	Vanilla Base Mix
Vanilla Sugar	Nutmeg	Wildflower	BULLA
<b>MCCORMICK FOODS</b>	Onion		Mango Yoghurt Flavoured Ice conf
Basil Leaves	Oregano	<b>BUZZ HONEY:</b>	Neutral Sorbet
Garlic Powder	Paprika	PURE AUSTRALIAN HONEY	Strawberry Yoghurt Flavoured Ice
Oregano Leaves	Papaya Powder	Blue Gum	Vanilla Yoghurt Flavoured Ice conf
<b>SPICEMASTERS</b>	Parsley	Leatherwood	CATERER'S CHOICE
Anise Star	Pepper Black	Mallee	Chocolate
Aniseed	Pepper Green	Meadow	Strawberry
Basil	Pepper Medley	Orange Blossom	Vanilla
Bay Leaf	Pepper Szechuan	<b>DELISHORS</b>	<b>COLD ROCK</b>
BD Mixed Spice	Pepper Steak	Leatherwood	High Fat Ice Cream Mix
Beetroot	Pepper White	<b>HONEY DOWNUNDER</b>	Lite Ice Cream Mix
Bell Pepper Green	Peppercorn Green	100% Australian Honey	<b>COUNTRY WIDE</b>
Bell Pepper Red	Peppercorns Pink	<b>ICE BLOCKS</b>	Chocolate
Cajun Spice Mix	Peppermint	See Ice Cream	Strawberry
Caraway	Pickling Spice	<b>ICE CREAM-CONES</b>	Vanilla
Cardamom	Pimento	<b>BETTA</b>	<b>DAIRY BELL</b>
Carrot	Poppy Seed	Bena Cone Cup	Apricot Ribbon
Carrot/Bean Mix	Potato	Carnival Cups	Blackberry
Cassia	Prune Powder	Cornet Cones	Cappuccino
Cauliflower	Pumpkin Powder	Cup Cones (Original Natural)	Chocolate
Cayenne Pepper	Pumpkin Seeds (Pepita)	Dark Nordic Waffle Cone	Chocolate Ribbon
Celery	Pumpkin Spice Blend	Fan Wafers	Citrapolitan
Chilli	Pumpkin & Sunflower Blend	Honey Cones	Citrus
Chinese 5 Spice	Raspberry Powder	Kiddy Cups	Natural 94% Fat Free
Chive	Rosemary	McDonalds Cup	Natural Vanilla
Cilantro	Saffron	Mini Cones Tiny Treats	Neapolitan
Cinnamon	Sage	Multi Colour Cone	Strawberry
Cinnamon Sugar	Salad Herb Mix	Natural Chocolate Cone	Strawberry, Pineapple & Chocolate
Cloves	Salsa Mix	Natural Vanilla Waffle	Vanilla
Coriander	Salt Celery	Single Ice Cream Cones	<b>FARMLAND</b>
Cumin	Saromex Spice	Space Cones	Icy Pole
Curry Powder	Satay Spice Mix	Square Cups	Kool Tubes
Date	Sesame		<b>GOLDEN CREST</b>
Dill	Sesame/Poppy Blend	<b>MERLIN'S</b>	Orange Juicys
Falafel Spice	Seven Spice Blend	Cup Cones	<b>GOLDEN NORTH</b>
Fennel	Spearmint	Single Cones	Vanilla Giant Twins (contains approved and certified Halal gelatine)
Fenugreek	Speculaas Blend	Square Cup Cones	Vanilla
Fig	Spinach	<b>PETERS</b>	<b>NATIONAL FOODS</b>
Garam Masala	Spicy Tea Masala	Double Cones	See GOLDEN NORTH
Garlic	Sumac	Giant Cones	
Garlic Steak	Sunflower & Pepita		

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NO FRILLS All Flavours in Victoria	Honey Parfait Jackfruit	Fruity Freez Orange-Mango Fruity Free Tropical Funny Faces Kool Pops	Cranberry Juice Drink Mango Juice Drink Orange Juice Pear Juice Pineapple Juice Tomato Juice
NO NAME All Flavours in Victoria	Jaffa Japanese Green Tea Lemon Curd	YOU'LL LOVE COLES ICE CREAM Neopolitan	HARVERY FRESH 6:1 Carrot 70 Brix clear Apple 70 Brix Clear Pear Apple Freshly Squeezed Apple Freshly Squeezed Orange Long Life Apple Long Life Apple & Blackcurrant Long Life Apple & Pear Long Life Grapefruit Long Life Carrot Long Life Orange Long Life Orange & Mango Long Life Orange & Pineapple Long Life Tropical Single Strength Lemon
NORCO Lite Ice Cream Mix	Lime Lillipilli Lychee Mango & Cream Mango Kulfi Mexican Hot Chocolate (Mole) Mint Mint Chip Swirl Orange Blossom Pavlova Passion Peanut Butter Disaster Pear & Rhubarb Crumble Pine Nut Praline Pistachio Kulfi Quandong Quince Rhubarb Rose Sago Sesame Sticky Date Strawberry Ripple Super Fudge Brownie Supreme Caramel Taro Turkish Coffee Turkish Delight Vanilla Bean Wattleseed	<u>ICE CREAM - SOFTSERVE</u> NORCO All Flavours	SABRANDS Beetroot & Apple Blackcurrant Juice Drink Breakfast Prunes Cranberry Cherry Juice Drink Diet Lemon Juice Diet Lite Cranberry Juice Drink Diet Lite Pink Grapefruit Juice Diet Lite Pink Grapefruit Juice Grape Juice Mango Crush Pear Crush Pomegranate Prune Juice Prune Plus Raspberry Juice Drink Simply Lemon Juice
NORGEN VAAZ Banana-Chocolate Ripple Double Swiss Chocolate Hazelnut Nougat New York Choc Chip Peach-Mango Strawberry Serenade Victoria Coffee		<u>ICING</u> Plastic and prepared icings are unacceptable. AUSTRALIAN BAKELS Fondant BUNDABERG Icing Mixture Pure Icing SNOWDROP Fondant TECHNIQUES Icing	SUMMERTIME Apple Juice Orange Juice
PAYLESS Water Ice		<u>INSECT REPELLANT</u> To be used for external use only BY MY SIDE Organic Insect Repellent	<u>LOTION</u> See Cosmetics BY MY SIDE Baby Body Lotion SPF15 Baby Cornstarch Powder Baby Nappy Lotion Organic Baby Body Moisturiser Organic Baby Cream
PETERS BROWNES Connoisseurs All varieties		<u>JAMS</u> See Conserves	<u>MARGARINE</u> ALBA INDUSTRIES All Varieties ATLANTIC PACIFIC Margarine BECCEL Becel Becel Diet Becel Lite Becel Spread ETA Eta 5 Star FARMLAND
PETERS Crazy Critters Blue Lemonade Crazy Critters Crazy Orange Crazy Critters Raspberry Crazy Critters Screaming Soda Icy Poles Creaming Soda Icy Poles Lemonade Icy Poles Lime Spider Icy Poles Orange Icy Poles Pineapple Icy Poles Pineapple-Orange Icy Poles Raspberry	SUNBURST REGENCY Sunny Boys Orange Sunny Boys Passionfruit Sunny Boys Cola Sunny Boys Lime Sunny Boys Razz Sunny Roller Fruit Tube Orange Fruit Tube Orange-Mango Ice Drops Bubble Gum Ice Drops Ice Drops Lime Ice Drops Multipack Ice Drops Raspberry Zooper Dooper Blackcurrant Zooper Looper Cola Zooper Dooper Lemon Zooper Dooper Lime Zooper Dooper Multipack Zooper Dooper Orange Zooper Dooper Raspberry	<u>JELLY</u> See BABY GEL and GELATINE. Use Agar, Vegetable Gum or Isinglass. SPC Jelly Fruit VILLAGE KITCHEN Jellied Fruit Lemon Lime Orange Pineapple Raspberry VITARIUM (gelatine free) Lime Orange Raspberry Tropical	
SAVINGS Water Ice		<u>JELLY CRYSTALS</u> JUST HALAL Lime Orange Pineapple Raspberry Strawberry TAYYIBAT Jelly Crystals	
SHOPRITE Water ice	SWAN Chocolate Strawberry Vanilla	<u>JUICE</u> DEVONDALE Sparkling Apple Juice FIVE STAR Apple Juice	
STREETS Calipo Solario Vienta	VITARI Banana Strawberry Wildberry		
SERENDIPITY ICE CREAM 15% Ice Cream Mix Almond Kulfi Belgian White Chocolate Blackbean Black Sesame Boysenberry Caramel Chai Chocolate Chocolate Cookie Cinnamon Coconut Macaroon Crème Fraiche Date Death by Chocolate Durian English Toffee Crunch Espresso Fig Fig, Honey & Pistachio Forest Berry Green Apple Halva Honey & Cinnamon Honey Almond Honey Almond Nougat	WHITE WINGS Alpine Cool Stick Fruity Freez Orange		

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<p>Salt Milk Cholesterol Free Polyunsaturated</p> <p><b>FLORA</b> Buttery Canola Original Spread Proactive Spread with Plant Sterols Salt Reduced Spread Table Margarine Cook'n Bake Country Style Flora Flora Canola Spread Flora Monosun Sunflower Spread Flora Sunflower Oil Flora Country Style Sunflower Flora Salt Reduced Sunflower Custilla Monarch Cake Margarine Perfex Margarine Royal Danish Margarine Solite Vegetable Vegetable Gilt Edge Margarine Calvay Flex Shortening Gateau Shortening Olivio Salt Reduced Spread Pride Margarine Salvina Oil Vantage Shortening</p> <p><b>GOLD'N CANOLA SPREADS</b> Light Regular</p> <p><b>LOGICOL</b> Extra Light Original Light</p> <p><b>MEADOW LEA</b> Canola Cholesterol Free Dairy Free Extra Light Lite Logicol Original Praise Salt Reduced Sundew</p> <p><b>NUTLEX</b> Polyunsaturated Table Margarine</p> <p><b>OLIVE GROVE</b> Classic Extra Virgin Lite Reduced Lite</p> <p><b>SAVINGS</b> Polyunsaturated Table Margarine</p> <p><b>SUNDEN</b> Polyunsaturated Salt Free Milk Free</p> <p><b>MARMALADES</b> See Conserves</p> <p><b>MARMITE</b> SANITARIUM</p>	<p><b>MASALA</b> Chicken Tikka Dahl</p> <p><b>MAYONNAISE</b> See SALAD DFESSINGS</p> <p><b>MEAT-FRESH</b> See BUTCHERS LIST.</p> <p><b>MEDICINES</b> <b>BOOTS</b> Glucodin Powder Strepsils Antiseptic Throat Spray Strepsils Plain Strepsils with Honey &amp; Lemon Strepsils with Vitamin C</p> <p><b>FAWNS &amp; MCALLAN</b> Parulgin</p> <p><b>FISONS</b> Paraspen Suspension</p> <p><b>MILK - CONDENSED</b> <b>BRANCOURT</b> Sweetened Condensed Milk</p> <p><b>CARNATION</b> Sweetened Condensed Milk Sweetened Condensed Skim Milk</p> <p><b>NESTLE</b> Sweetened Condensed Skim Milk Sweetened Condensed Milk</p> <p><b>MILK - COCONUT</b> <b>PACIFIC FOOD</b> Organic Coconut Milk Organic Lite Coconut Milk</p> <p><b>MILK - EVAPORATED</b> <b>BEAR BRAND</b> Evaporated Milk Reduced Fat Evaporated Milk</p> <p><b>CARNATION</b> Evaporated Milk Slender Reduced Fat Milk</p> <p><b>IDEAL</b> Evaporated Milk</p> <p><b>MILK FLAVOURED</b> <b>DAIRY FARMERS</b> Good One Carob Good One Milk &amp; Honey Moove All Flavours Moove Long life UHT' Chocolate Moove Long life UHT Coffee Moove Long life UHT Strawberry Moove Long lite UHF Vanilla Malt</p> <p><b>HABERFILEDS DAIRY</b> All Varieties</p> <p><b>NESTLE</b> Milo Ready To Drink Quick Ready To Drink Chocolate Quick Ready To Drink Coco &amp; Banana</p>	<p>Quick Ready To Drink Strawberry Quick Ready To Drink Vienna Coffee</p> <p><b>MARS</b> Mars Milk Snack Milky Way Chocolate Whip Shake</p> <p><b>MILKY WAY</b> Shake</p> <p><b>OVALTINE</b> Ready To Go</p> <p><b>PAULS</b> Breaka All Flavours</p> <p><b>SHAYKS</b> Chocolate Strawberry</p> <p><b>MILK-FRESH</b> All unflavoured, plain, skimmed and long life milk in bottles, cartons or plastic containers.</p> <p><b>ALDI</b> Milk</p> <p><b>BEST BUY</b> Milk</p> <p><b>COLES</b> Milk UHT Low Fat Milk UHT Full Cream UHT Skim Milk</p> <p><b>COLES \$SMART BUY</b> UHT Full Cream UHT Skim Milk</p> <p><b>CORNETT'S</b> Milk</p> <p><b>DAIRY FARMERS</b> Hi-Lo Shape Skim Milk UHT Slum Milk</p> <p><b>FABULOUS</b> Milk</p> <p><b>FAMILY CHOICE</b> Milk</p> <p><b>FARMDALE</b> UHT Lactose Free Skim Milk</p> <p><b>FARMHOUSE</b> UHT Full Cream Milk</p> <p><b>FAST FREEZE</b> Frozen Milk Concentrate</p> <p><b>FOOD WORKS</b> Milk</p> <p><b>GET NATURAL</b> Calci- Rich Extra Milky Light Original</p> <p><b>GOLDEN NORTH</b> Milk</p> <p><b>HABERFIELDS</b> All Varieties</p> <p><b>HARRIS FARM</b> Milk</p> <p><b>HARVEY FRESH</b> Fresh Farm Long Life</p>	<p>Fresh Farm Long Life Skim Fresh Farm Long Life Lactose Free Fresh Farm Long Life Skim Lactose Free Light Milk (1.8% Butterfat) Milk (3.6% Butterfat)</p> <p><b>HOMEBRAND</b> Milk UHT Milk Full cream UHT Skim Milk</p> <p><b>IGA</b> Milk</p> <p><b>LITE WHITE</b> Milk</p> <p><b>MAGNOLIA</b> UHT Long Life Chocolate UHT Long Life Full Cream Milk UHT Long Life Hi Cal Milk UHT Long Life Low Fat Milk UHT Life Super Slim Milk</p> <p><b>MAXI</b> Milk</p> <p><b>MOOLOO</b> Milk</p> <p><b>NATIONAL FOODS</b> Whole Milk</p> <p><b>PAULS</b> Milk</p> <p><b>PETERS</b> Skim Milk</p> <p><b>PHYSICAL</b> Milk Skim Milk</p> <p><b>PURA</b> 2% Cafe Light Start Pura Tone</p> <p><b>PURE ORGANIC</b> Milk</p> <p><b>REV</b> Milk</p> <p><b>SHAPE</b> Milk</p> <p><b>SKINNY</b> Skim Milk</p> <p><b>SMARTER WHITE</b> Milk</p> <p><b>GET NATURAL</b> Calci- Rich Extra Milky Light Original</p> <p><b>TRIM</b> Milk</p> <p><b>TRUE ORGANIC &amp; HAPPY HERD</b> UHT Low Fat Milk UHT Full Cream UHT Skim Milk</p> <p><b>WOOLWORTHS</b> Milk</p> <p><b>ZYMIL</b> Milk</p> <p><b>MILK POWDERS</b> BEGA</p>
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Skim Milk Powder <b>DEVONDALE</b> Instant Non Fat Milk Powder <b>FARMLAND</b> Full Cream Instant Milk Powder Instant Non Fat Skim Milk <b>MAXIGENES</b> Full Cream Instant Milk Powder <b>MURRAY GOULBURN</b> Skim Milk Powder <b>NORCO</b> Buttermilk Full Cream Skim Milk <b>PETERS</b> Powdered Milk <b>PETERS FARM</b> Dutch Jug Dutch Jug Plus 7 <b>SUNSHINE</b> Instant Full Cream Milk Powder <b>TECHNIQUES</b> Butter Milk powder Demineralised Whey Powder Double Acting Baking Powder Potato Starch Food Grade Skim Milk Powder Sweet Cream Buttermilk Blend  <b>UNIGATE</b> Diploma Instant Milk Powder  <u><b>MILK - SKIMMED</b></u> See Milk Fresh ALL BRANDS  <u><b>MILK - SUBSTITUTES</b></u> <b>AUSTRALIA'S OWN</b> Almond Milk Honey & Oat Milk Malt Free Soy Milk Light Soy Milk Premium Soy Milk Rice Milk <b>BERRI</b> Soyprme Natural Soyprme Vanilla <b>COLES</b> Light Soy Regular Soy <b>FARMLAND</b> Soy Drink <b>GET NATURAL</b> Rice Drink Rice Milk with Omega 3 <b>INNER GOODNESS</b> Light Soy Regular Soy Rice Milk <b>SANITARIUM</b> So Good Honeycomb So Good Caramel So Good Jaffa So Good Strawberry So Good Unflavoured So Good Lite	<b>SO NATURAL</b> Rice Drink Rice Milk with Omega 3 <b>SUNGOLD</b> Soy Drink  <u><b>MINERAL WATERS</b></u> ALL BRANDS  <u><b>MINERAL WATERS -FLAVOURED</b></u> ALL BRANDS  <u><b>MOUTHWASHES</b></u> See toothpaste <b>STERADENT</b> Powder Tablets  <u><b>MUFFINS - SAVOURY</b></u> <b>FRESHNESS FINE FOOD</b> Chickpea & Curry Pumpkin & Fetta Spinach & Cream Cheese  <u><b>MUFFINS - SWEET</b></u> <b>FRESHNESS FINE FOOD</b> Apple Crumble Blood Orange & Poppyseed Blueberry Gluten Free Blueberry & Almond Chocolate Flake Raspberry & White Raspberry Gluten Free Traditional <b>LAURENT BAKERIES</b> Blueberry Blueberry Cinnamon Double Choc <b>MUFFIN BREAK VALLEY CENTRE</b> <b>RICH PRODUCTS</b> Muffins  <u><b>MUESLI SLICES</b></u> <b>FRESHNESS FINE FOOD</b> Apricot & Coconut Bird bar Cranberry & Almond Earth Bar Fruit & Nut Love Bar Miracle Reds Goji & Acai Raw Bar <b>UNCLE TOBY'S</b> All Varieties <b>WHOLESOME BAKE</b> All Varieties  <u><b>MUSTARDS - POWDER</b></u> All brands  <u><b>MUSTARDS - PREPARED</b></u> <b>EPICURE</b> French <b>KEENS</b> French	<b>MASTERFOODS</b> American French German Hot English Mild English Tomato Wholegrain  <u><b>NOODLES</b></u> All brands without flavours  <u><b>NUTS - FRESH</b></u> All types  <u><b>NUTS - PACKED</b></u> <b>ASIAN FOODS AUSTRALIA</b> Spicy Macadamia <b>BUSH TUCKER</b> Bunya Bunya Nuts Macadamia Nuts <b>MACADAMIA PROCESSING</b> Macadamia Kernel Dry Roasted Macadamia Salted Dry Roasted Macadamia Unsalted <b>NOBY'S</b> Salted Beer Nuts Salted Cashews Salted Mixed Nuts Salted Peanuts Dry Roasted Peanuts Savoury Roasted Peanuts <b>PATONS MACADAMIA PLANATION</b> Macadamia Macadamia Abalone Flavoured Macadamia Cocoa Dusted Macadamia Honey Roasted Macadamia with Smoked Almond Macadamia Roasted & Salted Macadamia Roasted & Unsalted Macadamia Wasabi Flavoured <b>PEANUT COMPANY OF AUSTRALIA</b> Peanut Meal Peanut Paste Raw Raw Blanched Roasted Peanuts <b>SANTOS</b> Natural Nuts All Varieties <b>SELECT HARVEST</b> Almonds Brazil Nuts Cashews Coconut Diced Hazelnuts, Almonds & Peanuts Hazel Roast Mix Hazelnut Hazelnut Nougat Hazelnut Praline Peanut Paste Medium Fried Peanuts Peanuts Medium Fried <b>THE NUT STAND</b> Dry Salted Nuts all Varieties	Dry Roasted Nuts all Varieties <b>STAHMANN FARMS</b> Abalone Pecans Chicken Curry Pecans Chilli Pecans Curry Pecans Cuttlefish Pecan DEL CERRO Natural Edible Pecan Kernel DEL CERRO Pecan Nut in Shell Dry Roasted & Salted Macadamias Dry Roasted & Salted Pecans Dry Roasted Macadamias Dry Roasted Pecans Honey Roasted Macadamias Honey Roasted Pecans Maple Flavoured Pecans Natural Edible Pecan Kernel Oil Roasted & Salted Macadamias Oil Roasted & Salted Pecans Oil Roasted Macadamias Oil Roasted Pecans Oriental Spice Pecan/Karubi Pecan Pecan Nut in Shell <b>RIVERSIDE ALL AUSTRALIAN</b> Natural Edible Pecan Kernel <b>RIVERSIDE ALL AUSTRALIAN</b> Natural Nut in Shell Sugar & Cinnamon Pecans Sugar Coated Pecans <b>TIXANA</b> Cashews & Soy Snak Mix Peanut & Soy Snack Mixes  <u><b>OIL</b></u> <b>ATLANTIC PACIFIC FOODS</b> Bulk Vegetable <b>BARILLA OLIVE OIL</b> Extra Virgin Olive Oil <b>BIG OLIVE</b> Bene Vita Coorong Ozolio The Big Olive <b>BECEL</b> Canola <b>DD&amp;D DISSEGNA</b> Ozolio <b>FINI OLIVES</b> Extra Virgin Olive Oil Pure Olive Oil Virgin Oil <b>FLORA</b> Real Ease Cooking Spray Sunflower Oil <b>MACADAMIA PROCESSING</b> Macadamia Oil <b>MANILDRA</b> Blended Vegetable Canola Corn Cottonseed Sunflower <b>MEREL'S</b> Bakers Delight Oil
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Blended Vegetable Calvay Oil Canola Cottonseed Maize Peanut Polyblend Safflower Saladin Oil Salvina Oil Six Crowns Oil Soya Bean Oil Sunbeam Oil Sunflower Sunola <b>PATON'S MACADAMIA</b> Cold Pressed Macadamia Oil <b>PEANUT COMPANY OF AUSTRALIA</b> Peanut Oil <b>SUNBEAM</b> Blended Vegetable Canola Sunflower  <u><b>OLIVES</b></u> <b>BLUE BIRD</b> Ozolio The Big Olive  <u><b>PANCAKE MIX</b></u> <b>TECHNIQUES</b> Buttermilk Pancake Mix  <u><b>PASTAS</b></u> <b>ALLIGATOR BRAND</b> <b>FILLED PASTA:</b> Black Truffle Cheese & Parsley Duck Feta, Spinach & Pine Nuts Goat Cheese Mushroom & Ricotta Peas, Dill & Ricotta Pumpkin & Parmesan Roasted Vegetables Salmon & Dill Spinach & Ricotta Sweet Potatoes & Leek <b>PASTA:</b> Fettuccine Gnocchi Lasagne Linguine Pappardelle Rigatoni Spaghetti <b>BELMAR FOOD</b> Agnolotti Pumpkin Beef Lasagne Beef Ravioli Beef Tortellini Cannelloni Mushroom Cannelloni Mushroom & Zucchini Cannelloni Spinach & Ricotta Gnocchi Mushroom	Gnocchi Spinach Ravioli 4 Cheese Ravioli Mushroom Ravioli Pumpkin Ravioli Ricotta & Spinach (Green) Ravioli Ricotta & Spinach (White) Tortellini Cheese & Spinach Tortellini Cheese & Spinach Savoia (Green & White) Tortellini Mediterranean (Vegetarian) Tortellini Baked Ricotta <b>JUST PASTA</b> All Dry Pasta Varieties <b>KRAFT</b> Easy Mac Cheese Easy Mac Chilli Macaroni Cheese – Deluxe Macaroni Cheese Dino Shapes Macaroni Cheese Family Pack <b>LA TOSCA</b> Capellira Fenuccine Lasagne Lasagne Sheet Lasagne Instant Lasagne Special Quadranti Tagliatelle Tagliatelle Rosse Tagliatelle Verde <b>MARIA'S PASTA</b> Agnolotti Jumbo Cheese Agnolotti Mushroom & Cheese Agnolotti Ricotta Agnolotti Ricotta & Walnut Agnolotti Roast Pumpkin & Almond Agnolotti Seafood Cannelloni Cheese & Spinach Gnocchi Potato Gnocchi Pumpkin Gnocchi Spinach Gnocchi Sundried Tomato & Herb Eggplant Moussaka Jumbo Cheese & Smoked Salmon Jumbo Cheese & Spinach Lasagne Ricotta & Vegetable Lasagne Wholemeal Ravioli Eggplant Ravioli Ricotta Ravioli Roasted Pumpkin & Almond Ravioli Three Cheese Ravioli Vegetable Roll Polenta Roll Rice Tortellini Cheese <b>PASSION PASTA</b> Dried Pasta Fresh Pasta Vegetarian Pasta Beef Pasta Chicken Pasta Lamb Pasta Veal Pasta <b>PASTA KITCHEN</b> Dried Pasta Fresh Pasta	Vegetarian Pasta Meat Pasta Chicken Pasta <b>SAN REMO</b> Alphabets Cannelloni Instant Egg Noodles Hearty all varieties Egg Noodles Nidi all varieties Egg Noodles with Spinach Elbows Eliche Grande Fettuccine Fettuccine with Egg Fettuccine with Spinach Gnocchi Lasagna Spinach Lasagna Wavy Lasagna Traditional Instant Lasagna Wholemeal Curly Macaroni Macaroni Wholemeal Penne Rigati Rigatoni Risoni Shells All Sizes Spaghetti Flat Spaghetti Instant Spaghetti Thin Spaghetti Tubular Spaghetti Wholemeal Spirals Spirals wholemeal Tagliatelle With Egg Vegeroni Egg Noodles Vegeroni Spirals Vermicelli Vermicelli Egg Noodles <b>SARA LEE</b> Gourmet Vegetable Lasagna <b>SOU'WEST SEAFOOD</b> Heat & Eat Pasta Roma Heat & Eat Pasta Marinara <b>VETTA</b> All plain pasta  <u><b>PASTA SAUCES</b></u> <b>BELMAR</b> Bolognese Sauce Cheese & Mushroom Sauce Napolitana <b>DOLMIO EVOLUTION</b> Napolitana Bolognese Sauce Capsicum & Garlic Extra Garlic Farmhouse Vegetables Garden Vegetables Italian Herbs Mushroom Salt Reduced Tomato Roast Garlic Spicy Peppers Tomato onion Roast Garlic <b>DOLMIO EXTRA</b> Bolognese Capsicum & Garlic	Garlic Farmhouse Veg Garden Veg Italian Herb Mushroom Spicy Peppers Tomato Onion & Roast Garlic Tomato Onion & Roast Garlic Salt Reduced <b>DOLMIO PASTA BAKE</b> Creamy Sundried Tomato & Garlic Roast Garlic & Herb Tomato Extra Cheese Tuna Bake <b>DOLMIO PESTO</b> Sundried Tomato <b>DOLMIO PRODUCTS SEA</b> Carbonara Creamy Mushroom & Herb <b>DOLMIO TRADITIONAL</b> Classic Tomato Classic Tomato Reduced Salt Basil Garlic <b>MASTERFOOD</b> Chicken Alfredo Carbonara Creamy Tuscan Chicken Chicken Parmigiana Slow Cooked Italian Beef Slow Cooked Lamb with Rosemary & Thyme <b>PASSION PASTA</b> Chilli Creamy Tomato & Pesto Roasted Pumpkin & Basil Roasted Vegetable Tomato, Basil, & Roasted Garlic <b>PAUL NEWMANS</b> Bolognese capsicum & Chilli Classic Pesto & Pinenut Roast Garlic & Basil Romano & Parmesan <b>RAGULETTO</b> Beef Flavour Mushroom Tomato <b>SOU'WEST SEAFOOD</b> Loren Pasta Sauce Marco Pasta Sauce Marinara Pasta Sauce Milani Pasta Sauce Roma Pasta Sauce <b>SUN KEE BRAND</b> Loren Pasta Sauce Marco Pasta Sauce Marinara Pasta Sauce Milani Pasta Sauce Roma Pasta Sauce  <u><b>PASTES</b></u> <b>PACIFIC FOOD</b> Black Bean & Garlic Paste Butter Chicken Paste
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Chicken Curry Paste Chilli Paste Coconut Rice (Nasi Lemak) Paste Green Curry Paste Korma Paste Laksa Paste Nonya Laksa Paste Organic Coconut Milk Pizza Sauce Tandoori Paste Tikka Masala Paste Tom Yum Paste Vindaloo Paste Yellow Curry Paste <b>SELECT HARVEST</b> Peanut Paste Medium Fried  <b><u>PASTRY - SAVOURY</u></b> <b>ANTONIOU</b> Fillo Kataifi <b>EDMONDS</b> Butter Puff Filo Pastry <b>CATERER'S CHOICE</b> Puff Pastry <b>COMMERCIAL</b> French Frozen Pie Pastry <b>DOMINO</b> Pizza Sheet <b>GLENROY BAKERY</b> Margherita Pizza Vegetarian Pizza <b>I&amp;J</b> Country Light Natural Puff Pastry <b>IGA</b> Ready Rolled Puffed Pastry Shortcrust Pastry Sheets <b>JESTERS</b> Ready Rolled Puffed Pastry <b>JOHN MCEWAN</b> Mini Chicken Tarragon Filos Mini Keema Samosas Mini Mushroom Arancini Balls Mini Pumpkin Arancini Balls Mini Roast Vegetable Filos Mini Semi Dried Tomato Involтини Mini Vegetable Samosas <b>LAURENT BAKERIES</b> Halal Pie Chicken Braised & Leek Halal Pie Chicken Mushroom Halal Quiche Fetta Cheese Halal Quiche Spiced Vegetable Halal Quiche Spinach & Leek Halal Quiche Tomato Basil Fetta Halal Pumpkin & Feta Quiche Puff Pastry <b>MERWAN'S PIES</b> Cheese & Vegetable Pasties Curry & Vegetable Pasties Meat Pasties Pumpkin & Vegetable Pasties Spinach Quiche Vegetable Pasties Vegetable Quiche	<b>PAMPAS</b> Frozen Pastry Cases Pie Tops Ready Rolled Rolls Ready Rolled Sheets <b>PASSION PASTA</b> Frittata <b>READY BAKE</b> Puff Pastry Savoury Pastry Shells Savoury Quiche Shells <b>RICH PRODUCTS</b> Frittatas Pies Quiches Vegetarian <b>STUHLER'S PATISSERIE</b> Savouries <b>TEE YIH JIA FOOD MANUFACTURE</b> Spring Roll Pastry  <b><u>PASTRY - SWEET</u></b> See Cakes <b>BAKERS DELIGHT</b> Fruit Mince Pies <b>KEZ'S KITCHEN</b> Double Choc Eclair Vienna Eclair Vienna Eclair Gluten Free Vienna Kiss White Choc Eclair <b>KRISPY KREME</b> Doughnuts All varieties <b>LAURENT BAKERY</b> Apple Cake Slice Apricot Blueberry Cake Baked Apple Charlotte Beignets Cherry Pistachio Blueberry Muffins Blueberry Cinnamon Muffin Brioche Mini 30g Brioche Sugar Cheese Cake New York Cheese cake Raspberry Caramel Chocolate Slab Cake Chocolate Ganache Slice Chocolate Mud Cake Chocolate Souffle Pudding Crème Anglaise Croissant Mini 30g Croissant Standard 60g Danish Cinnamon Raisin & Pinenut Danish Pastry Apple Danish Pastry Apricot Danish Pastry Hazelnut Danish Pastry Pear Danish Pastry Plum Danish Pastry Sour Cherry Double Choc Muffin Escargot Mini 40g Escargot Standard 110g Fig Mousse Fruit Loaf Gateau Chocolate Raspberry Halal Butter Croissant Halal Chocolate Macadamia Disc Halal Danish Cherry	Halal Danish Raisin Halal Danish Round Pear Halal Mini Almond Croissant Halal Muffin Date & Apple Halal Pain de Mie Wheatmeal Halal Pudding Pear & Spice Hazelnut Raspberry Savarin Lemon Meringue Pie Lemon Tart Orange Cake Pain au Chocolat Mini 30g Pain au Chocolat Standard 60g Passionfruit Cheesecake Pavlova Fruit Petit Four Beignets Cherry Pistachio Petit Four Fruit Tartlet Petit Four Hazelnut Slice <b>PAMPAS</b> Fruit Mince Tarts unbaked <b>POPPA BROWNS PIE</b> Apple Pie Apple & Blueberry Pie <b>REAL TURKISH DELIGHT</b> Baklava Chocolate Cakes <b>RICH PRODUCTS</b> Croissants Danish Pastries Muffins Strudels Pies Sweet <b>STUHLER'S PATISSERIE</b> Cakes Desserts Gateaux Pastries Tortes <b>VERNON'S BAKEHOUSE</b> Croissants Danish  <b><u>PATE</u></b> <b>EVERYDAY PATE</b> Mushroom Salmon  <b><u>PEANUT BUTTER</u></b> <b>KRAFT</b> All Varieties <b>SANITARIUM</b> All Varieties  <b><u>PICKLES</u></b> <b>4 SEASONS</b> Eggplant & Peppers Gherkins Homestyle Gherkins Sweet Giardiniera Lupini Beans Olives Black Olives Green Onions Sweet Onions Homestyle Pickled Tomatoes in Salad Oil <b>CEREBOS</b>	Fountain Fruit Chutney <b>EPICURE</b> Capers Gherkin Spread Mustard Pickles Stuffed Olives Sweet Gherkins <b>LEGGO</b> Traditional Sweet Mustard Pickles <b>MASTERFOODS</b> Capers Corn & Chilli Relish Corn Relish Dill Cucumber Slices Dill Cucumber whole Farmhouse Relish Gherkin Relish Giardiniera Salad Mango Chutney Mint Jelly Mustard Relish Spicy Fruit Relish Sweet Mustard Pickle Tomato & Chilli Pickle White Onions <b>ROSELLA</b> Fruit Chutney Fruit Chutney Low Joule Sweet Mustard Pickles Sweet Mustard Pickles Low Joules <b>TASTY</b> Banana Chillies Capers Cherry Hot Pepper Dill Cucumbers Gherkins Relish Gherkins Sour Gherkins Sweet Giardiniera Green Tomato Olives Black Olives Cocktail Olives Green Olives Green Olives Stuffed Onions Cocktail Onions Sour <b>WHITE CROW</b> Gherkins Sweet Spiced Mustard Pickle Olives Green Olives Stuffed Onions Cocktail Onions Pickled  <b><u>PIES</u></b> See also PASTRY - SAVOURY <b>BALFOURS</b> Beef Pie <b>LAURENT BAKERIES</b> Halal Pie Chicken Braised & Leek Halal Pie Chicken Mushroom <b>POPPA BROWNS</b> Chicken & Mushroom Chicken Pie Chicken Roll
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<p>Chilli Beef Pie Curry Beef Pie Lamb &amp; Rosemary Pie Beef &amp; Cheese Pie Beef &amp; Mushroom Pie Beefsteak Pie Pepper Beef Pie Potato Pie Sausage Roll Tuna Mornay Pie Vegetable Pie MERWAN'S PIES Chicken Chicken &amp; Vegetable Chicken Mushroom Mornay Chunky Beef Chunky Tomato &amp; Cheese Cottage Curry Green Thai Chicken Mexican Chunky Beef Mushroom Beef Onion Beef Peppercorn &amp; Cheese Red Thai Chicken Roast Lamb with Rosemary Tandoori Chicken VILLI's PIES</p> <p><b>PIZZA</b> GLENROY BAKERY Margherita Vegetarian TEMPO FOODS Margherita Mushroom Four Cheeses</p> <p><b>POTATOES-FRIES</b> Avoid potato products containing tallow.</p> <p><b>PROTEIN POWDER</b> TOP NUTRITION Deluxe Protein Powder Extreme Mass Protein Fatigue Reviva Premium Whey Protein Powder Superior Protein Powder Ultimate Plus</p> <p><b>PUDDINGS</b> BETTY SYDNEY Instant Puddings all flavour COTTEES Instant puddings all flavours COUNTRY HARVEST Pudding Mix</p> <p><b>RICE-GRAINS</b> All brands of plain &amp; wild rice LEETON RICEGROWERS CO-OP All pre-steamed rice products UNCLE BEN Basmati Boil in bag</p>	<p>Long Grain Long Grain &amp; Wild Pure Wild Uncle Ben Rice Wholegrain Wild Rice Mix Natural</p> <p><b>RICE-CRISPS</b> FARMLAND Plain HUNZA Plain LITE ENERGY Corn Plain Sesame PURE HARVEST Plain Sesame SUN RICE 5 Grains Thin Rice Cakes BBQ Rice Cakes Chicken Rice Cakes Flame Grilled BBQ Rice Cakes Original Rice Cakes Rice &amp; Corn Thin Rice Cakes Roast Chicken Rice Cakes Sour Cream &amp; Chives Tasty Cheese Thin Corn Nacho Cheese Thin Rice Seasalt &amp; Balsamic Vineg Thin Rice Sundried Tomato &amp; Basil Thin Rice Sweet Chilli &amp; Sour Crm Vintage Cheddar &amp; B Pepper Sunwhite Salt &amp; Balsamic Vinegar Sunwhite Zaatir</p> <p><b>RICE PUDDING</b> NATIONAL FOODS Le Rice</p> <p><b>SALAD DRESSINGS</b> COUNTRY HARVEST Natural Soya Mayonnaise ETA Mayonnaise Potato Salad Dressing FOUNTAIN No Oil Salad Magic French Dressing No Oil Salad Magic Herb &amp; Garlic No Oil Salad Magic Italian HEINZ Balsamic Vinegar Caesar Salad Dressing French Dressing Italian Dressing Mayonnaise IGA Mayonnaise KRAFT Coleslaw Dressing Coleslaw Dressing Spoonable Free Coleslaw Dressing Free French Dressing Free French &amp; Herb Dressing</p>	<p>Free Italian Dressing Free Mayonnaise Free Thousand Island Dressing French &amp; Herb Dressing French Herb &amp; Garlic Dressing Garlic &amp; Parsley Dressing Herb &amp; Garlic Dressing Italian Dressing Light Coleslaw Dressing Light French Dressing Light Garlic &amp; Parsley Dressing Light Herb &amp; Garlic Dressing Light Italian Dressing Light Natural Mayonnaise Light Thousand Island Dressing Miracle Whip Natural Mayonnaise Low Oil Nat. Mayo. Low Oil No Added Salt Thousand Island Dressing Spoonable MASTERFOODS Coleslaw French Vinaigrette Honey Mustard Italian Vinaigrette Mayonnaise Classic Homestyle Ranch Thousand Island Dressing MCCORMICK Greek Mayonnaise Italian Dressing Mango Sesame Dressing PACIFIC FOOD Satay Dressing PAUL NEWMANS Balsamic Vinaigrette Caesar Classic Coleslaw Creamy Caesar Light Balsamic Vinaigrette Light French Light Honey Mustard Light Italian Light Sesame Ginger Ranch Two Thousand Island PRAISE Balsamic Caesar French Lifestyle Coleslaw Lifestyle Mayonnaise Light Coleslaw Light Mayonnaise Ranch Thousand Island Dressing Traditional Mayonnaise</p> <p><b>SALADS - PREPARED</b> HEINZ Coleslaw Salad Potato Salad</p>	<p>Potato Salad Chunky Potato Salad Country Style Traditional Vegetable Salad MASTERFOOD Bean N Corn Salad Mixed Bean Salad Mixed Bean Salad in Oil &amp; Vinegar Mixed Veg Salad in French dressing Rice Salad Tropical Salad Vegetable &amp; Pasta Salad Zucchini Salad</p> <p><b>SALSAS</b> MASTERFOODS Original Salsa Spicy Original Salsa PACIFIC FOODS Salsa PAUL NEWMANS Chilli Medium Chunky Mild Hawaiian Mild Real Lime Mild</p> <p><b>SALT SUBSTITUTES</b> CEREBOS Light Salt DIET RITE FOODS Lite Salt SPICEMASTERS Chicken Salt</p> <p><b>SALT - COOKINGS</b> All brands</p> <p><b>SALT - ROCK</b> All brands</p> <p><b>SALT - TABLE</b> All Brands PACIFIC SALT Edible Salt</p> <p><b>SAUCES</b> 4 SEASONS Horseradish Sauce A &amp; G Honey Soy Marinade CORNWELLS Lancashire Relish Mint Sauce Soy Sauce Thick Mint Sauce Worcestershire Sauce ETA Barbecue Sauce Barbeque Honey Sauce AUBREY GOLDBERG Barbecue Sauce CASTLE BRAND Black Bean Sauce (hot) Black Bean Sauce (Garlic &amp; Ginger) Crushed Garlic (Granulated)\ Malaysian Satay Sauce</p>
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Sambal Oelek <b>FARMLAND</b> Tomato Sauce Tomato Sauce No Added Salt <b>HEINZ</b> Big Red Tomato Sauce Homestyle Tomato Sauce Lite Tomato Sauce Tartare Sauce Tomato Ketchup Tomato Sauce <b>HOLBROOKS</b> Worcestershire Sauce <b>IXL</b> Tomato Sauce <b>KAN TONG STIR FRY</b> Butter Chicken Peanut Satay Simply Lemongrass, Lime & Coriander Simply Sweet Chilli & Lime Inspiration Chicken & Cashew Nut <b>KIKKOMAN</b> Soy Sauce <b>KRAFT</b> Tartare Sauce <b>LETONA</b> Apple Sauce <b>MANDARIN FOOD CO</b> Black Bean Paste Hoi Sin Sauce Mushroom Sauce Say Bean Paste Soy Sauce <b>MASSEL</b> Sauces <b>MASTERFOODS</b> American Mustard Australian Mustard Barbeque Sauce B.B.Q. Rib Sauce Chilli Sauce Dijon Mustard Dijonaise English Hot Mustard English Mild Mustard French Mustard Mint Jelly Mustard Honey & Herbs Satay Sauce Seafood Cocktail Sauce Smokey BBQ Soy Honey & Garlic Spicy Tomato ketchup Squeeze On BBQ Sauce Squeeze on Sweet Chilli Thai Sauce Squeeze on Tomato Squeazy Honey Mustard Squeazy Fine Wholegrain Mustard Sweet & Sour Sweet Plum Sweet Thai Chilli Hot Sweet Thai Chilli Mild Tartare Sauce Wholegrain Mustard Worcestershire Sauce	<b>MCCORMICK</b> BBQ Sauce Creamy Lemon Dill Seafood Cocktail Sauce Sweet Chilli <b>MCWLIENNY &amp; CO</b> Tabasco Sauce <b>NEWMANS</b> Worcestershire Sauce <b>OCEAN SPRAY</b> Cranberry Sauce <b>PACIFIC FOOD</b> Abalone Sauce Alfredo Sauce Aussie Outback Wild Tomato Sauce Barbeque Sauce Black Bean Sauce Black Pepper Sauce Chilli BBQ Sauce Chilli Sauce Dim Sim Chilli Sauce Extra Hot Chilli Sauce Fish Sauce Garlic Chilli Sauce Ginger Garlic Chilli Sauce Ginger Minced Green Pickled Chilli Habanero Chilli with Lemon Habanero Chilli with Mango Habanero with Sambal Hoisin BBQ Sauce Honey Garlic Chilli Sauce Honey Marinade Sauce Italian Style Tomato Sauce Kecap Manis Low salt Oyster Sauce Oyster Sauce Pizza Sauce Salted Soya Beans in Sauce Satay Sauce Soy Sauce Spicy Hot & Sour Sauce Spicy Marinara Sauce Stir Fry Wok Sauce Sundried Tomato Sauce Sweet & Sour Sauce Sweet Chilli Sauce Sweet Chilli Sauce & Kaffir Lime Sweet Thai Chilli Sauce Szechuan Sauce Teriyaki Sauce & Marinade Tomato Concasse Tomato Sauce Vegetarian Oyster Sauce Wassabi Flavoured Plum Sauce Worcestershire Sauce Zesti Citrus Sauce <b>ROSELLA</b> Tomato Sauce Tomato Sauce Low Joule Tomato Sauce No Added Salt <b>SANITARIUM</b> Gravy Quik <b>SOU'WEST SEAFOOD</b> Abalone Sauce (Flavoured) Abalone (Pure)	Chilli Sauce Bottled Seafood Sauce Bottled <b>SPC</b> Chunk Style Apple Sauce Home Style Apricot Sauce Traditional Apple Sauce <b>SUN KEE BRAND</b> Abalone Sauce (Flavoured) Abalone (Pure) Chilli Sauce Bottled Seafood Sauce Bottled <b>TIXANA</b> Barbeque Red Marinade Curry marinade Hickory BBQ Marinade Honey BBQ Marinade Honey Chilli & Garlic Marinade Honey Soy Marinade Honey, Mint & Rosemary Marinade Italian Marinade Pure Sweet & Sour Marinade Satay Marinade Spare Rib Marinade Steak Diane Marinade Sweet Chilli & Garlic Marinade Sweet Tomato & Basil Marinade Thai king Marinade <b>WATTIES</b> Mayonnaise Tartare Sauce Tomato Sauce <b>WEIGHT WATCHERS</b> Tomato Sauce  <u><b>SAUSAGE ROLLS</b></u> <b>BALFOURS</b> Beef, Tomato & Onion Chicken, Pumpkin & Fetta Lamb, Rosemary & Pickled Onion Vegetable <b>MERWAN'S PIES</b> Sausage Rolls Spinach & Ricotta Rolls  <u><b>SAUSAGES</b></u> See <b>BUTCHERS</b>  <u><b>SEAFOOD</b></u> <b>ALMARE</b> Sliced Cold Smoked Salmon <b>BAYVIEW SEAFOODS</b> ASP BAYVIEW BIDVEST CDS CLARENCE RIVER COMGROUP CRAIG MOSTYN DE COSTI FOSTER FREEDOM FOODS (Gluten Free) GLOBAL KAILIS KEITH CRUMBHOUSE LONE STAR OCEAN MONARCH	<b>RED ROOSTER</b> <b>SEA PRIZE</b> <b>WOOLWORTHS</b> <b>CATERERS</b> Salmon Sliced Smoked Fillets <b>PLAIN LABEL:</b> Salmon Burger Meat Salmon Smoked cocktail Pieces Salmon Smoked Pieces <b>ROYAL TASMANIAN:</b> Salmon Head on, Guttled Salmon Sliced Smoked Salmon Burger <b>SOU'WEST SEAFOODS</b> Canned Abalone in Brine Canned Limpets in Abalone Sauce Canned Limpets in Brine <b>SUPERIOR GOLD</b> Ocean Trout Sliced Smoked Salmon Sliced Smoked <b>TASMANIAN SMOKEHOUSE:</b> Salmon Sliced Smoked Fillet <b>TASSAL</b> Diced IQF Salmon Pieces Marinara Mix Salmon Pieces Ocean Trout Fillet Ocean Trout Head on, Gilled & Gutter Ocean Trout Portions Ocean Trout Sliced Smoked Ocean Trout Smoked Fillet Salmon Belly Trims Salmon Burgers Salmon Caviar Salmon Cutlets Salmon Fillet (Skinless) Salmon Fillets (Skin On) Salmon Fillets (Skin On-Bone In) Salmon Gravlax Sliced Salmon Gravlax Unsliced Salmon Head On, Guttled Salmon Hot Smoked Fillet Apricot Salmon Hot Smoked Fillet Creole Salmon Hot Smoked Fillet Mediterranean Salmon Hot Smoked Fillet Plain Salmon Hot Smoked Fillet Teriyaki Salmon Hot Smoked Portion Salmon Portion Offcuts Salmon Portions Salmon Sliced Smoked Salmon Sliced Smoked Fillets Lemon Myrtle Salmon Sliced Smoked Fillets Low Sodium Salmon Sliced Smoked Fillets Pastrami Salmon Sliced Smoked Fillets Plain Salmon Sliced Smoked Fillets Tuscany Salmon Steaks <b>TWICE-A-WEEK</b> Salmon Steaks Salmon Portions with Sweet Chilli & Lime Sauce
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<p>Salmon Portions with Lemon Dill Sauce Lightly Seasoned Atlantic Salmon Cajun Lightly Seasoned Atlantic Salmon Lemon Pepper Hot Smoked Salmon Portions Salmon Portions</p> <p><b>SEASONING</b> <b>KEEN</b> Curry Madras Curry</p> <p><b>MASTER FOODS</b> All purpose Seasoning "B" Flavoured Chips Chicken Seasoning Garlic Herb Seasoning Garlic Powder Garlic Salt Seasoning Ground Cinnamon Ground Coriander Ground Nutmeg Ground Paprika Ground Pepper Black Ground Pepper White Ground Turmeric Italian Herbs Lemon Pepper Seasoning Meat Tenderizer Mexican Chilli Powder Mixed Herbs Mixed Spice Moroccan Seasoning Onion Flakes Parsley Flakes Pepper Steak Seasoning Piri Piri Seasoning Pizza Topper Roast Chicken Seasoning Roast Lamb Seasoning Rosemary Leaves Sesame Seeds Spaghetti Bolognese Blend Steak Seasoning Thyme Leaves Tuscan Seasoning Vanilla Sugar</p> <p><b>MCCORMICK</b> Curry Mince Seasoning Hamburger Mince Seasoning Savoury Mince Seasoning</p> <p><b>PACIFIC FOOD</b> Chicken Seasoning Fried Rice Seasoning</p> <p><b>SEASONING KITS</b> Burrito Taco</p> <p><b>SPICEMASTERS</b> I Hot Dog Premix 888 Supreme Pie Mix Apple &amp; Cinnamon Flavoured Blend Beef Seasoning Bronte #1 &amp; 5 Beef Seasoning Mix Booster Chicken Flavour Brawn Seasoning</p>	<p>Cabanossi Seasoning Caramel Chicken Salt Chicken Seasoning Chicken Seasoning-No MSG Cinnamon Ground Blend Cinnamon Q Blend Complete Pie Mix Frankfurt Premix Herbs de Provence Italian Sausage Seasoning Kabana Premix Liverwurst Seasoning Meat Seasoning MP Frankfurt Complete Premix Paprika Oleoresin Rocky Stake Pepper Blend Salt Chicken Sprinkle Satay Rub Seasoning BBQ Seasoning Enspice #1, #2 &amp; #3 Seasoning General Seasoning Heavenly Chicken Seasoning Morocco Seasoning Nimco Seasoning Roast Chicken Seasoning Tomato 3 Spice Starssburg Seasoning TT Seasoning Mix Vanilla Bean Vanillin Powder</p> <p><b>SCHOOL MEALS</b> <b>ALLIED CHEFS AUSTRALIA</b> Beef Cannelloni Bolognese Sauce Butter Chicken Cheese &amp; Spinach Cannelloni Curry Chicken Fettuccine- Plain Fettuccine-Tricolour IQF Penne IQF Spirals Lasagne Beef Lasagne Chicken Napolitana Sauce Nacho Dippers Nacho Dippers Salsa Pasta Sheets Potatoes, Bolognese &amp; Cheese Salsa Sauce Spaghetti Bolognese Taco Break Taco Sauce Twista Bolognese Vegetable Lasagne</p> <p><b>SMALLGOODS</b> See BUTCHERS. <b>AMANI FINE FOODS</b> All variety <b>CAVOS</b> <b>FAISEL SMALLGOODS (Melbourne)</b> All Products <b>SPIESS AUSTRALIA</b> Air-dried Beef</p>	<p><b>SYDNEY SMALL GOODS</b> All Products</p> <p><b>SOAPS</b> See Cosmetics <b>ALL BRANDS</b> <b>BY MY SIDE</b> Goat's Milk Baby Soap Organic Baby Bath Wash</p> <p><b>REXONA</b> Dove</p> <p><b>SOY</b> <b>UNIGREEN</b> Bean Cake Bean Curd Chicken Soy Bean Soya Drink Gluten Dough Fried Tofu Noodles Tofu</p> <p><b>SOY MILK</b> See MILK SUBSTITUTES</p> <p><b>SOUPS - TINNED</b> <b>HEINZ</b> Tomato Condensed Soup Tomato Condensed Soup Reduced Salt Vegetable Condensed Soup</p> <p><b>PACIFIC FOODS</b> Yam Soup</p> <p><b>SPICES</b> See Herbs &amp; Spices</p> <p><b>SPREADS</b> See PEANUT BUTTER, HONEY &amp; VEGEMITE. <b>ATLANTIC PACIFIC FOODS</b> All Varieties <b>FERRERRO</b> Nutella <b>MASTERFOODS</b> Promite <b>MONBULK</b> Lemon Spread <b>SANATARIUM</b> Marmite Peanut Butter Vitamite</p> <p><b>STOCK</b> <b>MASELL</b> All Varieties <b>VEGETA</b> Beef Stock Powder Chicken Stock Powder Gourmet Stock Powder Seafood Stock Powder Vegetable Stock Powder <b>SPICEMASTERS</b></p>	<p>Beef Booster Vegetable Booster</p> <p><b>SUGAR</b> All types of sugars including white and icing are Halal. Plastic icing and prepared icings are not approved See ICING and SUGAR SYRUPS <b>BUNDABERG</b> Brown Bottlers Caster Graded Manufacturers White Refined <b>MANILDRA</b> Raw Refined <b>TECHNIQUES</b> Caster</p> <p><b>SUGAR SUBSTITUTES</b> <b>ABBOT</b> Sucaryl Liquid Sucaryl Sachets Sucaryl Tablets <b>BOOTS</b> Dimins Tablets Sugarine Liquid <b>FAULDING</b> Liquid Saccharin Liquid Sugarella <b>TECHNIQUES</b> Natvia</p> <p><b>SYRUPS</b> <b>BUNDABERG</b> Golden Syrup Invert Syrup Liquid Sugar Molasses Trealce <b>CSR</b> Golden Syrup Molasses Trealce <b>LOG CABIN</b> Maple Flavoured Syrup <b>MANILDRA</b> Golden Syrup Invert Syrup Liquid Sugar Molasses Trealce <b>MAGGIE BEER</b> Quince <b>MASTERFOODS</b> Maple Flavoured Syrup</p> <p><b>SWEETS</b> Sweets containing gelatine are not approved. <b>ALLEN'S</b> Butter Menthol <b>BARRAT'S</b></p>
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# Halal Guide

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<p>Barley Sugar <b>BETTA</b> Apricot Liquorice Liquorice Liquorice Choc Bites Liquorice Choc Log Raspberry Liquorice Strawberry Liquorice</p> <p><b>FERNDALE CONFECTIONARY</b> Kopiko Sugar Free Coffee Drops</p> <p><b>GILSEAL</b> Barley Sugar</p> <p><b>JUST HALAL</b> Choc Mallow Bars Marshmallows Coconut Toasted Marshmallows Flavoured Marshmallows Vanilla Rocky Road</p> <p><b>MASTERCRAFT</b> Barley Sugar</p> <p><b>MASTERFOOD</b> 100's &amp; 1000's</p> <p><b>REAL TURKISH DELIGHT</b> Boiled Sweets</p> <p><b>ROWNTREE - HOADELY</b> Throaties Stick Pack</p> <p><b>SCANLEN</b> Barley Sugar</p> <p><b>SUN</b> Almond &amp; Honey Bar Cashew Bar Hazelnut Bar Macadamia Bar Peanut Bar Sunflower &amp; Nut Bar</p> <p><b>TIC TAC</b> All flavours</p> <p><b>TAKE AWAY</b> See list of establishment for your state.</p> <p><b>TEAS</b> All Brands of: Bags Instant Leaves</p> <p><b>TEAS - HERBAL</b> All Flavours from: Celestial Seasoning Lipton Milford Natureland Twinings</p> <p><b>TOMATO PRODUCTS</b> See VEGETABLES - TINNED</p> <p><b>ARDMONA</b> Peeled Tomatoes Tomato Magic Tomato Magic Italian Style</p> <p><b>BERRI</b> Whole Peeled Tomato</p> <p><b>EDGEL</b> Peeled Tomatoes Tomato Puree Tomato Pieces</p>	<p>Whole Tomatoes <b>FARMLAND</b> Tomato Paste <b>GOULBURN VALLEY</b> Peeled Tomatoes <b>HEINZ</b> Tomato Paste Whole Peeled Tomatoes <b>IXL</b> No Waste Tomato Paste Sachets Tomato Paste <b>LEGGOS</b> Diced Tomatoes with Onions &amp; Herbs Tomato Paste Tomato Paste with Onions &amp; Herbs Tomato Puree <b>LETONA</b> Tomato Paste Tomato Puree Tomatoes <b>MACQUARIE FOODS</b> Sun Ripened Dried Tomatoes <b>PACIFIC FOODS</b> Tomato Paste <b>SPC</b> Peeled Tomatoes Tomato &amp; Onion Capellery Tomato Puree <b>WATTIES</b> Tomato Paste</p> <p><b>TOOTHPASTES</b> See Mouthwashes <b>AIM</b> Original Fresh Mint Minty Gel Gum Health</p> <p><b>CLOSE UP</b> Red Green Icy Mint</p> <p><b>COLGATE</b> All Varieties</p> <p><b>HERBON</b> Herbal Toothpaste</p> <p><b>IPANA</b> Mint Toothpaste Regular Floored Toothpaste</p> <p><b>MACLEANS</b> Bubble Mirit for Kids Gel-Stripe Toothpaste Triple Stripe Toothpaste</p> <p><b>TOPPINGS</b> <b>COTTEES</b> All toppings except Ice Magic <b>DICKSON'S</b> All flavours <b>FARMLAND</b> Caramel Chocolate Strawberry <b>MAYNOR</b> Caramel</p>	<p>Chocolate Strawberry <b>SERENDIPITY</b> Caramel Cream Dark Chocolate Forest Berry Mango &amp; Kaffir Lime Orange Blossom &amp; Vanilla Bean <b>WEIGHT WATCHERS</b> All flavours</p> <p><b>TURKISH DELIGHT</b> <b>REAL TURKISH DELIGHT</b> Turkish delight</p> <p><b>VEGEMITE</b> <b>KRAFT</b></p> <p><b>VEGETABLE OILS</b> <b>ALL BRANDS:</b> Blended Vegetable oil Canola Light Canola Maize Olive Peanut Safflower Soybean Sunflower</p> <p><b>VEGETABLE SHORTENING</b> Vegetable shortenings may contain animal fat</p> <p><b>VEGETABLES - DRIED</b> All Brands</p> <p><b>VEGETABLES - FRESH</b> All Varieties</p> <p><b>VEGETABLES - FROZEN</b> Avoid frozen prepared potato products containing tallow. <b>BIRDS EYE</b> All products except rice originals <b>CHEFF'S PRIDE</b> Asparagus Spears IQF Whole Baby Corn <b>COPPER KETTLE</b> All products Halal except: Cauliflower with White Sauce Peas with White Sauce Stir Fry Vegetables</p> <p><b>EDGELL</b> All products</p> <p><b>FABULOUS</b> All products</p> <p><b>GREEN VALLEY</b> All Products</p> <p><b>TASTY CHIPS</b> Organic Raw Vegetables Raw Vegetables</p> <p><b>WOOLWORTHS</b> All Products</p>	<p><b>VEGETABLES - PROCESSED</b> <b>DEWCRISP</b> Chopped Onions Vegetable Mix Vegetable Mix with Noodles</p> <p><b>VEGETABLES - TINNED</b> See Tomato Products <b>EDGELL</b> Asparagus Cuts Asparagus Spears Baked Beans in Tomato Sauce Beetroot Baby Beetroot Crinkle Cut Beetroot Homestyle Beetroot Sliced Butter Beans Capsicum Carrots Baby Carrots sliced Carrots Julienne Carrots No Added Salt Carrots Whole Corn Creamed Corn Kernel Corn Whole Four Bean Mix Green Beans Cross Cuts Green Beans Sliced Green Peas Green Peas No Added Salt Mixed Vegetables Mushrooms Sliced in Brine Peas &amp; Carrots Potatoes Whole Red Cabbage Red Kidney Beans Sauerkraut Seasoned Green Beans Tiny Taters</p> <p><b>FARMLAND (Including no added salt)</b> Asparagus Baby Carrots Baked Beans in Tomato sauce Creamed Corn Green Beans Green Peas Peeled Tomatoes Sliced Beetroot Sliced Mushrooms in Butter Sauce Sweet Corn Creamed Sweet Corn Whole Kernel</p> <p><b>GOLDEN CIRCLE</b> Baby Carrots Beans Beetroot Corn Creamed Corn Whole Kernel Peas Sliced Beetroot Sliced Cucumber</p> <p><b>MASTERFOODS</b> Corn Kernels Red Kidney Beans Soy Beans Three Beans Mix</p>
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Quality  
ISO 9001

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MOUNTAIN MAID Asparagus Asparagus Cuts Asparagus Spears Asparagus Tips Baked Beans Corn Niblets Potatoes Ratatouille WINDSOR FARM Sliced Mushroom in Butter Sauce	All Brands of Plain, Natural and Acidophilus BAS FOODS (AUST) Natural Yoghurt BULLA European Style Plain Yoghurt Greek Style Plain Yoghurt Plain Lite 'n' Healthy Yoghurt 6% Fat natural Set Yoghurt BURRA Thick Yoghurt CHRIS' DIPS Natural Yoghurt HARVEY FRESH Natural Yoghurt IDEAL DAIRY Natural Yoghurt JALNA A2 Low Fat Natural BioDynamic Fat Free BioDynamic Whole Milk Fat Free Natural Greek Style Low Fat Greek Style Premium Blend Natural Proheart Natural Whole Natural Milk LYTTOS Natural Yoghurt NATIONAL FOODS Greek Lite Greek Yogurt Natural Set European Style White Yogo Yo Plus Light Yo Plus Regular PAULS Natural Set Greek Yoghurt Natural Set Low Fat Yoghurt Natural Set Full Fat Yoghurt TAMAR VALLEY Plain Yoghurt	Proheart Blueberry Proheart Vanilla MCCAIN Deli Style Yoghurt PETERS FARM Natural Honey Yoghurt Vanilla Yoghurt WEIGHT WATCHERS Natural Yoghurt  <b><u>YOGHURTS FROZEN</u></b> CAPE BYRON SUPREME RICHMOND SERENDIPITY Apricot & Honey Banana Berry Crush Cherry Chocolate Honey Mango Sticky Fig  <b><u>YOGHURTS - SOY</u></b> SOY LIFE Soy Yoghurt
<b><u>VEGETARIAN MEALS</u></b> SANTARIUM Classic Hot Dogs Deli Luncheon Henchen Deli Luncheon Smoked Deli Slices Smoked Lentil Patties Mince Not Burger Rashers Tender Crumbed Schnitzels Tender Soy Fillets Original Thai Sweet Chilli & Lime Gourmet Veggie Burgers Traditional Sausage Curried Traditional Soy Sausages BBQ Traditional Soy Sausages Original Traditional Vege Sausages Vege Roast, Rosemary & Mint Glaze		
<b><u>VINEGAR</u></b> All Brands CORNWELLS Balsamic Vinegar Malt Vinegar White Vinegar RIVIANA Palms White Vinegar		
<b><u>VITAMINS</u></b> BIO ISLAND Cod Liver & Fish Oil Eye Care Complex Milk Thistle Propolis 1000 Zinc Plus  SANITARIUM Vitamin E		
<b><u>WASHING DETERGENTS</u></b> ALL BRANDS		
<b><u>YEAST-DRIED</u></b> AB Mauri Bakers Yeast		
<b><u>YEAST - FRESH</u></b> All Brands		
<b><u>YOGURTS- PLAIN</u></b> See BABY YOGHURT DESSERTS	<b><u>YOGURTS - FLAVOURED</u></b> Flavoured yoghurts containing gelatine are not approved even if marked Halal unless the yoghurt carries Halal Certification. BOOST Bulk Yoghurt Mix BULLA Deli Style Yoghurt Fruit Salad Lite 'n' Healthy Strawberry Lite 'n' Healthy Yoghurt Crunch Passionfruit JALNA BioDynamic Blueberry BioDynamic Bush Honey Fat Free Berryfruit Greek Lemon + Garlic Greek Mixed Herbs Greek Vanilla Low Fat Vanilla Premium Fruit of the Forest Premium Honey Vanilla Premium Vanilla	

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